

TIDAL DISSIPATION IN A HOMOGENEOUS SPHERICAL BODY. I. METHODS

MICHAEL EFROIMSKY AND VALERI V. MAKAROV

US Naval Observatory, 3450 Massachusetts Avenue NW, Washington, DC 20392, USA; michael.efroimsky@usno.navy.mil, vvm@usno.navy.mil

Received 2014 March 4; accepted 2014 August 6; published 2014 October 8

ABSTRACT

A formula for the tidal dissipation rate in a spherical body is derived from first principles to correct some mathematical inaccuracies found in the literature. The development is combined with the Darwin–Kaula formalism for tides. Our intermediate results are compared with those by Zschau and Platzman. When restricted to the special case of an incompressible spherical planet spinning synchronously without libration, our final formula can be compared with the commonly used expression from Peale & Cassen. However, the two turn out to differ, as in our expression the contributions from all Fourier modes are positive-definite, which is not the case with the formula from Peale & Cassen. Examples of the application of our expression for the tidal damping rate are provided in the work by Makarov & Efroimsky (Paper II) published back to back with the current paper.

Key words: planets and satellites: dynamical evolution and stability – planets and satellites: formation – planets and satellites: general – planets and satellites: interiors – planets and satellites: physical evolution – planets and satellites: terrestrial planets

1. MOTIVATION AND PLAN

The tidal heating of planets and moons has long been a key area of planetary science. Accurate investigation into this process requires numerical integration of dissipation over layers of the perturbed body. At the same time, it is common to infer qualitative conclusions from approximations based on modeling the body with a homogeneous sphere of a certain rheology. However, the simplistic nature of the approach limits the precision of the ensuing conclusions. For example, the presence of a sizable molten core, such as that in Mercury, may increase the damping rate compared to a homogeneous body. Still, estimates obtained with our simplified homogeneous-sphere model should be accurate within a factor of several—thus (1) serving as a useful guidance for solar system bodies, and (2) being completely legitimate for exoplanets, as our knowledge of their structure is speculative at best.

In our paper, we derive from the first principles a formula for the tidal heating rate in a tidally perturbed homogeneous sphere. We compare our result with the formulae used in the literature and point out the differences.

In Sections 3–5, we present an accurate re-examination of the standard integral expression for the damping rate in a homogeneous incompressible sphere subject to tides. The check is necessary because in previous studies the expression was derived in an ad hoc manner, sometimes with demonstrable mathematical inaccuracies. The conventional derivation begins with the general formula for the power

$$P = \int \rho_E \mathbf{v} \cdot \nabla V'_E d^3r$$

written in the Eulerian description (i.e., via coordinates associated with a deformed body). Its time average is then cast into the form of

$$\langle P \rangle = \frac{1}{4\pi GR} \sum_{l=2}^{\infty} (2l+1) \int \langle W_l \dot{U}_l \rangle dS$$

which is in the Lagrangian language (an integral over an undeformed body). In the former equation, ρ_E is the Eulerian density, \mathbf{v} is the Eulerian velocity, V'_E is the Eulerian perturbation of the potential (perturbation assembled of the tide-raising potential and the resulting additional tidal potential of the deformed body), and r is a *perturbed* position in the body frame. In the latter equation, W_l and U_l are the degree- l components of the tide-raising and additional tidal potentials, G is the Newton gravity constant, R is the radius of the planet, and dS is an element of the *undeformed* surface of the sphere.

The transition from the former formula to the latter requires the use of the boundary conditions on the free surface. At that point, integration is already carried out within the Lagrangian description (over an undeformed surface), but the boundary conditions are nonetheless imposed on the Eulerian potential and its gradient. (The boundary conditions are much simpler in the Eulerian form.) This mixed treatment requires attention, and its employment by the early authors (Zschau 1978; Platzman 1984) contained inaccuracies. However, none of those turned out to be critical, and the above expression for the average power $\langle P \rangle$ is correct for small deformations.

In Section 6, we explore the standard way of casting the above integral into a spectral sum over the tidal Fourier modes ω . It is commonly assumed that the result should read as in Platzman (1984):

$$\langle P \rangle = \frac{1}{4\pi GR} \sum_{\omega} (2l+1) \frac{\omega}{2} W_l^2(\omega) k_l(\omega) \sin \epsilon_l(\omega).$$

Here $k_l(\omega)$ and $\epsilon_l(\omega)$ are the Love number and phase lag corresponding to the Fourier mode $\omega = \omega_{lmpq}$, with $lmpq$ being the four integers wherewith the Fourier modes are numbered in the Darwin–Kaula theory of tides (see Efroimsky & Makarov 2013 and references therein). However, an accurate investigation demonstrates that the spectral sum differs from the above. The difference originates for two reasons. One is the degeneracy, that is, the fact that several different Fourier modes ω_{lmpq} share a

| Report Documentation Page | | | | Form Approved OMB No. 0704-0188 | |
|--|------------------------------------|-------------------------------------|--|---|------------------------------------|
| Public reporting burden for the collection of information is estimated to average 1 hour per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to Washington Headquarters Services, Directorate for Information Operations and Reports, 1215 Jefferson Davis Highway, Suite 1204, Arlington VA 22202-4302. Respondents should be aware that notwithstanding any other provision of law, no person shall be subject to a penalty for failing to comply with a collection of information if it does not display a currently valid OMB control number. | | | | | |
| 1. REPORT DATE 01 NOV 2014 | | 2. REPORT TYPE | | 3. DATES COVERED 00-00-2014 to 00-00-2014 | |
| 4. TITLE AND SUBTITLE Tidal Dissipation In A Homogeneous Spherical Body.I. Methods | | | | 5a. CONTRACT NUMBER | |
| | | | | 5b. GRANT NUMBER | |
| | | | | 5c. PROGRAM ELEMENT NUMBER | |
| 6. AUTHOR(S) | | | | 5d. PROJECT NUMBER | |
| | | | | 5e. TASK NUMBER | |
| | | | | 5f. WORK UNIT NUMBER | |
| 7. PERFORMING ORGANIZATION NAME(S) AND ADDRESS(ES) US Naval Observatory, 3450 Massachusetts Avenue NW,,Washington,,DC,20392 | | | | 8. PERFORMING ORGANIZATION REPORT NUMBER | |
| 9. SPONSORING/MONITORING AGENCY NAME(S) AND ADDRESS(ES) | | | | 10. SPONSOR/MONITOR'S ACRONYM(S) | |
| | | | | 11. SPONSOR/MONITOR'S REPORT NUMBER(S) | |
| 12. DISTRIBUTION/AVAILABILITY STATEMENT Approved for public release; distribution unlimited | | | | | |
| 13. SUPPLEMENTARY NOTES The Astrophysical Journal, 795:6 (19pp), 2014 November 1 | | | | | |
| 14. ABSTRACT | | | | | |
| 15. SUBJECT TERMS | | | | | |
| 16. SECURITY CLASSIFICATION OF: | | | 17. LIMITATION OF ABSTRACT Same as Report (SAR) | 18. NUMBER OF PAGES 20 | 19a. NAME OF RESPONSIBLE PERSON |
| a. REPORT unclassified | b. ABSTRACT unclassified | c. THIS PAGE unclassified | | | |

numerical value ω , so the structure of the sum is more complex.¹ The second reason is that the modes can be of either sign, not necessarily positive. So the resulting power will contain seemingly strange terms with $W_l(\omega) W_l(-\omega) k_l(\omega) \sin \epsilon_l(\omega)$.

These difficulties were noticed and analyzed by Peale & Cassen (1978), but their result needs correction too. Some terms in their spectral sum (Equation (31) in Peale & Cassen) are not positive definite, whence an underestimate of the heat production may result.²

The calculation of the power production, developed by Peale & Cassen (1978), implies averaging not only over the tidal period, but also over the apsidal period. This can be observed from the formulae (20) and (21) in their work. In our paper, however, we consider two separate cases: those with and without apsidal precession. In the first case, the period of the apsidal precession is shorter than the typical time of relaxation in the mantle (which may be identified with the Maxwell time). The argument of the pericenter of the perturber, ω^* , cannot be treated as constant, so the formula for the mean power should be averaged not only over the tidal period, but also over the period of the pericenter motion. (We assume this motion steady.) In the second case, the evolution of the line of apsides is slow, with its period being longer than the Maxwell time. The argument of the pericenter should be regarded as a constant. Accordingly, in the latter case the tidal dissipation formula is more complicated because it includes explicit dependence of Fourier terms on the argument of pericenter.

This paper is a condensed version of a comprehensive preprint (Efroimsky & Makarov 2014), to which we refer for technical details and derivations.

In a subsequent work, Makarov & Efroimsky (2014, hereafter Paper II), published back to back with this one, we apply our results in three case studies: Io, Mercury, and Kepler-10b. In that paper we, among other things, hypothesize that the tidal heating rate at spin-orbit resonances is greatly influenced by libration and, therefore, by the triaxiality of the tidally perturbed body.

2. THE DARWIN-KAULA FORMALISM IN BRIEF

Describing linear bodily tides consists of two steps. First, it is necessary to Fourier-expand both the tide-raising potential and the induced additional potential of the tidally perturbed body. Second, it is necessary to link each Fourier component of the additional tidal potential to an appropriate Fourier component of the tide-raising potential. This means establishing the phase lag and the ratio of magnitudes called the *dynamical Love number*.

Due to interplay of rheology and self-gravitation, the phase lags and Love numbers have nontrivial frequency dependencies.

¹ When calculating W_l , one has first to group together and sum all the terms corresponding to a particular value of ω . Each sum should be squared and averaged, and only after that should the final summation over the distinct values of ω be carried out. In the original expression for the average power, $(4\pi GR)^{-1} \sum_{\omega} (2l+1)(\omega/2) W_l^2(\omega) k_l(\omega) \sin \epsilon_l(\omega)$, the $W_l^2(\omega)$ term should be replaced with the squared sum of all the harmonics of W that correspond to a particular value of ω .

² In the expression for $\langle P \rangle$, an input from each value of ω_{lmpq} must be non-negative. This can be observed from the fact that the mode $\omega = \omega_{lmpq}$ and the corresponding phase lag $\epsilon_l(\omega) \equiv \omega \Delta t_l(\omega)$ are always of the same sign (the time lag $\Delta t_l(\omega)$ being positive definite due to causality). Thus the product $\omega \epsilon_l(\omega) = \omega_{lmpq} \epsilon_l(\omega_{lmpq})$ in the spectral sum can always be rewritten as $|\omega_{lmpq}|/Q_{lmpq}$, with the tidal quality factor being defined via $1/Q_{lmpq} = |\sin \epsilon_l(\omega_{lmpq})|$. In their spectral sum, Peale & Cassen (1978, Equation (31)) have just ω_{lmpq}/Q_{lmpq} , and not $|\omega_{lmpq}|/Q_{lmpq}$. As a result, some terms come out negative and the heat production intensity may be underestimated.

Things are complicated even further because different mechanisms of friction become leading over different frequency bands, thus the tidal response cannot be described by one simple dissipation model (Efroimsky 2012a, 2012b).

2.1. Generalities

The development of the mathematical theory of bodily tides was started by Darwin (1879) who derived a partial sum of the Fourier expansion of the additional potential of a tidally perturbed sphere. A decisive contribution into this theory was offered almost a century later by Kaula (1964), who wrote down a complete series. In a previous paper (Efroimsky & Makarov 2013), we provided a detailed presentation of the Darwin-Kaula expansion, and explained how tidal friction and lagging are built into it. We compared the Darwin-Kaula theory with the one by MacDonald (1964), and demonstrated that the former theory is superior to the latter because it can, in principle, be combined with an arbitrary rheology. Referring the reader to the aforementioned literature for details, we present several central formulae that will be necessary.

An external body of mass M^* , located in $\mathbf{r}^* = (r^*, \lambda^*, \phi^*)$, generates the following disturbing potential in a point $\mathbf{R} = (R, \phi, \lambda)$ on the surface of a sphere of radius $R < r^*$:

$$\begin{aligned} W(\mathbf{R}, \mathbf{r}^*) &= \sum_{l=2}^{\infty} W_l(\mathbf{R}, \mathbf{r}^*) \\ &= -\frac{GM^*}{r^*} \sum_{l=2}^{\infty} \left(\frac{R}{r^*}\right)^l P_l(\cos \gamma) \\ &= -\frac{GM^*}{r^*} \sum_{l=2}^{\infty} \left(\frac{R}{r^*}\right)^l \sum_{m=0}^l \frac{(l-m)!}{(l+m)!} (2 - \delta_{0m}) P_{lm} \\ &\quad \times (\sin \phi) P_{lm}(\sin \phi^*) \cos m(\lambda - \lambda^*). \end{aligned} \quad (1)$$

Here G denotes Newton's gravity constant, ϕ is the latitude reckoned from the spherical body's equator, λ is the longitude measured from a fixed meridian, and γ is the angular separation between the vectors \mathbf{r}^* and \mathbf{R} pointing from the perturbed body's center. The definition and normalization of the Legendre polynomials $P_l(\cos \gamma)$ and the associated Legendre polynomials $P_{lm}(\sin \phi)$ are given in Appendix A.

While in the above formula the location of the perturber on its trajectory is expressed through the spherical coordinates $\mathbf{r}^* = (r^*, \lambda^*, \phi^*)$, a trigonometric transformation (developed by Kaula 1961) enables one to switch to the perturber's orbital elements $\mathbf{r}^* = (a^*, e^*, i^*, \Omega^*, \omega^*, \mathcal{M}^*)$. Thus, the disturbing potential is expressed as

$$\begin{aligned} W(\mathbf{R}, \mathbf{r}^*) &= \sum_{lmpq} W_{lmpq} \\ &= -\frac{GM^*}{a^*} \sum_{l=2}^{\infty} \left(\frac{R}{a^*}\right)^l \sum_{m=0}^l \frac{(l-m)!}{(l+m)!} (2 - \delta_{0m}) P_{lm} \\ &\quad \times (\sin \phi) \sum_{p=0}^l F_{lmp}(i^*) \sum_{q=-\infty}^{\infty} G_{lpq}(e^*) \\ &\quad \times \begin{cases} \cos \\ \sin \end{cases} \left\{ \begin{matrix} l-m \text{ even} \\ l-m \text{ odd} \end{matrix} \right\} (v_{lmp}^* - m(\lambda + \theta^*)), \end{aligned} \quad (2)$$

where θ^* is the rotation angle of the tidally perturbed body,³ while $F_{lmp}(i^*)$ and $G_{lpq}(e^*)$ are the inclination functions and the eccentricity polynomials, respectively. The auxiliary linear combinations v_{lmpq}^* are defined by

$$v_{lmpq}^* \equiv (l - 2p)\omega^* + (l - 2p + q)\mathcal{M}^* + m\Omega^*. \quad (3)$$

Conventionally, the letters denoting the elements of the perturber are accompanied with asterisks: a^* , e^* , i^* , Ω^* , ω^* , \mathcal{M}^* . Following Kaula (1964), the sidereal angle also acquires an asterisk when it appears in a combination $v_{lmpq}^* - m\theta^*$ with the perturber's elements.

The angle θ , however, does not acquire an asterisk when it appears in a linear combination $v_{lmpq} - m\theta$ with the orbital elements of a test body subject to the additional tidal potential of the perturbed body. This strange nomenclature introduced by Kaula (1964)—two different notations for one angle—turns out to be helpful and convenient in the calculation of the back-reaction experienced by the perturber. For comprehensive explanation of this obscure point, see Section 5 in Efroimsky & Makarov (2013).

Over timescales shorter than the apsidal-motion period, the expression in round brackets in the formula (2) can be linearized as

$$v_{lmpq}^* - m(\lambda + \theta^*) = \omega_{lmpq}(t - t_0) - m\lambda + v_{lmpq}^*(t_0) - m\theta^*(t_0), \quad (4)$$

where the following quantities act as the Fourier tidal modes:

$$\omega_{lmpq} \equiv v_{lmpq}^* - m\dot{\theta}^* = (l - 2p)\dot{\omega}^* + (l - 2p + q)\dot{\mathcal{M}}^* + m(\dot{\Omega}^* - \dot{\theta}^*), \quad (5)$$

$\dot{\mathcal{M}}^*$ being the perturber's “anomalous” mean motion (see Section 2.3 below), and t_0 being the time of pericenter passage. (As ever, we set $\mathcal{M}^* = 0$ in the pericenter.) The modes ω_{lmpq} can assume either sign, but the physical forcing frequencies are positive definite:

$$\chi_{lmpq} = |\omega_{lmpq}|. \quad (6)$$

2.2. Simplifying the Notation: Less Asterisks

In the preceding subsection, we obeyed the convention by Kaula (1964) and marked with asterisk the orbital elements of the tide-raising body. Kaula introduced this notation because within his model he also considered another exterior body, which was disturbed by the tides generated on the planet by the tide-raising body. This exterior body's elements were denoted by the same letters, but without an asterisk.

When the two outer bodies coincide, the asterisks may be dropped, except on two occasions. The first is writing the masses—while the mass of the planet is denoted with M , the mass of the perturber (the star) will be written as M^* . The other occasion requires writing the additional tidal potential of the perturbed body—the potential will have a value $U(\mathbf{r}, \mathbf{r}^*)$ in a point \mathbf{r} , provided the perturber (the star) is located in an exterior point \mathbf{r}^* (both vectors being planetocentric). The planet's rotation rate θ , as well as the orbital elements of the star as seen from the planet, will hereafter be written without asterisks.

The most important notations employed in this paper are collected in Table 1.

Table 1
Symbol Key

| Notation | Description |
|--|--|
| \mathbf{r}^* | The position of the star relative to the center of the planet |
| r^* | The star–planet distance |
| ϕ^* | The declination of the star <i>relative to the equator of the planet</i> |
| λ^* | The right ascension of the star <i>relative to a fixed meridian on the planet</i> |
| \mathbf{R} | A point on the surface of the planet |
| \mathbf{r} | A point outside the planet, located above the surface point \mathbf{R} |
| R | The radius of the planet |
| r | Distance from the center of the planet to an exterior point \mathbf{r} |
| ϕ | The latitude of the point \mathbf{R} on the surface of the planet (also the declination of an exterior point \mathbf{r} located above the surface point \mathbf{R}) |
| λ | The longitude of a point \mathbf{R} on the surface of the planet (also the right ascension of an exterior point \mathbf{r} located above the surface point \mathbf{R}) |
| $W(\mathbf{R}, \mathbf{r}^*)$ | Tide-raising potential at a surface point \mathbf{R} of the planet |
| $W_l(\mathbf{R}, \mathbf{r}^*)$ | The l -degree part of the tide-raising potential at a surface point \mathbf{R} of the planet |
| $U(\mathbf{r}, \mathbf{r}^*)$ | Additional tidal potential in a point \mathbf{r} outside the planet |
| $U_l(\mathbf{r}, \mathbf{r}^*)$ | The l -degree part of the additional tidal potential in a point \mathbf{r} outside the planet |
| V^0 | The constant-in-time spherically symmetrical potential of an undeformed planet |
| V' | The total perturbation of the potential of the planet ($V' = W + U$) |
| V | The overall potential of the planet ($V = V^0 + V' = V^0 + W + U$) |
| ω_{lmpq} | The Fourier modes of the tide |
| χ_{lmpq} | The physical frequencies of the tidal stresses and strains ($\chi_{lmpq} = \omega_{lmpq} $) |
| χ | A shorter notation for χ_{lmpq} |
| M | The mass of the planet |
| M^* | The mass of the star |
| a | The semimajor axis |
| e | The eccentricity |
| i | The obliquity (the inclination of the star as seen from the planet) |
| ω | The argument of the pericenter of the star as seen from the planet |
| ω | When there is no risk of confusion, ω is also used as a short notation for ω_{lmpq} |
| Ω | The longitude of the node of the star as seen from the planet |
| \mathcal{M} | The mean anomaly of the star as seen from the planet |
| n | The mean motion |
| G | Newton's gravitational constant |
| θ | The rotation angle of the planet |
| $\dot{\theta}$ | The spin rate of the planet |
| k_l, h_l | The degree- l static Love numbers of the planet |
| $k_l(\omega_{lmpq}), h_l(\omega_{lmpq})$ | The degree- l dynamical Love numbers of the planet |
| $\epsilon_l(\omega_{lmpq})$ | The degree- l tidal phase lag |
| $\Delta t_l(\omega_{lmpq})$ | The degree- l tidal time lag |
| $Q_l(\omega_{lmpq})$ | The degree- l tidal quality factor defined as $Q_l(\omega_{lmpq}) \equiv 1 / \sin \epsilon_l(\omega_{lmpq}) $ |
| Q_{lmpq} | The Q factor, in the notation of Kaula (1964) and Peale & Cassen (1978) |
| $F_{lmpq}(i)$ | The inclination functions |

³ When the equinoctial precession may be neglected, θ^* may be regarded as the sidereal angle.

Table 1
(Continued)

| Notation | Description |
|---------------------|--|
| $G_{lpq}(e)$ | The eccentricity polynomials |
| μ | The mean rigidity of the mantle |
| J | The mean compliance of the mantle ($J = 1/\mu$) |
| J | When there is no risk of confusion, J also denotes the Jacobian |
| ρ | The mean density of the planet |
| g | The surface gravity on the planet |
| \mathbf{u} | Tidal displacement in the planet |
| \mathbf{v} | The velocity of tidal displacement in the planet |
| P | The power exerted on the planet by the tidal stresses |
| $\langle P \rangle$ | The time-averaged power (averaged over one or several cycles of flexure) |

2.3. Difficulties

At this point, a word of warning is necessary. Deriving Equation (5), we differentiated the expression (3), which gave us the terms with $\dot{\omega}$ and $\dot{\Omega}$. Including these terms in Equation (5) acknowledges the fact that the perturber's trajectory is disturbed, not Keplerian. The disturbance may come solely from tides, as in Kaula (1964, Equation (38)), or from both tides and other sources. One way or another, the perturber's mean anomaly \mathcal{M} is no longer equal to m , but is now given by $\mathcal{M} = \mathcal{M}_0 + \int_{t_0}^t n(t)dt$, where $n(t) \equiv \sqrt{G(M + M^*)a^{-3}(t)}$. Accordingly, the expression for the modes becomes:

$$\omega_{lmpq} \equiv \dot{v}_{lmpq} - m\dot{\theta} = (l - 2p)(\dot{\omega} + \dot{\mathcal{M}}_0) + q\dot{\mathcal{M}}_0 + (l - 2p + q)n + m(\dot{\Omega} - \dot{\theta}). \quad (7)$$

It is, of course, tempting to assume that $\dot{\mathcal{M}}_0 \ll n$, thus accepting the approximation

$$\dot{\mathcal{M}} = \dot{\mathcal{M}}_0 + n \approx n, \quad (8)$$

as Kaula (1964) did in his Equations (46) and (47). Within his theory, however, this approximation could not be used.⁴ This is explained in Appendix B where we consider two examples. One is the case where perturbation of an orbit of a moon is mainly due to the tides the moon creates in the planet. In that situation, $\dot{\omega}$ and $\dot{\mathcal{M}}_0$ are of the same order but of opposite signs, so they largely compensate one another. This suggests a simultaneous neglect of *both* rates. The second example is when the dominant perturbation of the orbit comes from the oblateness of the primary. In this case $\dot{\omega}$ and $\dot{\mathcal{M}}_0$ are of the same order and the same sign—so keeping one of these terms requires keeping the other.

Whether one or both of these rates should be included depends on a particular setting, and each practical case must be examined separately. In general, both rates should be kept.

While keeping $\dot{\omega}$ complicates the formalism, the emergence of $\dot{\mathcal{M}}_0$ complicates the treatment even further. To sidestep this issue, we shall *define* the mean motion via

$$n \equiv \dot{\mathcal{M}}. \quad (9)$$

This, the so-called *anomalous* mean motion differs from $\sqrt{G(M + M^*)a^{-3}(t)}$.

⁴ In his books, Kaula (1966, 1968) corrected this oversight. There, he kept the notation n for the mean motion defined as in the Kepler law, and never confused it with $\dot{\mathcal{M}}$.

We shall derive the heat-production formulae for two different settings—with a fixed pericenter ω and with ω moving uniformly.

2.4. Lagging

For a static tide, the incremental tidal potential of the perturbed body mimics the perturbation (Equation (2)), except that each term W_l is now equipped with a mitigating multiplier $k_l (R/r)^{l+1}$, where k_l is an l -degree Love number. With the star located in \mathbf{r}^* , the additional potential in a point \mathbf{r} will read as

$$U(\mathbf{r}, \mathbf{r}^*) = \sum_{l=2}^{\infty} U_l(\mathbf{r}) = \sum_{l=2}^{\infty} k_l \left(\frac{R}{r}\right)^{l+1} W_l(\mathbf{R}, \mathbf{r}^*). \quad (10)$$

For time-dependent tides, this expression acquires an extra amendment: the reaction must lag, compared to the action. Naively, this would imply taking each W_l at an earlier instant of time. However, in reality lagging depends on frequency, so each W_l must be first expanded into a Fourier series over tidal modes, whereafter each term of the series should be delayed separately. The magnitude of the tidal reaction is frequency dependent too, so each term of the Fourier series will be multiplied by a dynamical Love number of its own. Symbolically, this may be written in a manner similar to the static expression:

$$U(\mathbf{r}, \mathbf{r}^*) = \sum_{l=2}^{\infty} U_l(\mathbf{r}, \mathbf{r}^*) = \sum_{l=2}^{\infty} \left(\frac{R}{r}\right)^{l+1} \hat{k}_l W_l(\mathbf{R}, \mathbf{r}^*). \quad (11)$$

The hat above \hat{k}_l means that this is not a multiplier but a linear operator that mitigates and delays each Fourier mode of W_l differently:

$$U(\mathbf{r}, \mathbf{r}^*) = -\frac{GM^*}{a} \sum_{l=2}^{\infty} \left(\frac{R}{r}\right)^{l+1} \left(\frac{R}{a}\right)^l \sum_{m=0}^l \frac{(l-m)!}{(l+m)!} \times (2 - \delta_{0m}) P_{lm}(\sin \phi) \sum_{p=0}^l F_{lmp}(i) \times \sum_{q=-\infty}^{\infty} G_{lpq}(e) k_l(\omega_{lmpq}) \left\{ \begin{matrix} \cos \\ \sin \end{matrix} \right\}_{l-m \text{ even/odd}}^{l-m} \times (v_{lmpq} - m(\lambda + \theta) - \epsilon_l), \quad (12)$$

where the Love numbers $k_l(\omega_{lmpq})$ and the phase lags $\epsilon_l(\omega_{lmpq})$ are functions of the Fourier modes. The lags emerge as the products

$$\epsilon_l(\omega_{lmpq}) = \omega_{lmpq} \Delta t_l(\omega_{lmpq}), \quad (13a)$$

where $\Delta t_l(\omega_{lmpq})$ is the time delay at the mode ω_{lmpq} . In reality, the time delays are functions not of the Fourier modes (which can assume either sign), but of the actual physical forcing frequencies $\chi_{lmpq} = |\omega_{lmpq}|$, which are positive definite. Thus it is more accurate to write the delays not as $\Delta t_l(\omega_{lmpq})$ but as $\Delta t_l(\chi_{lmpq})$. Accordingly, the phase lags become

$$\epsilon_l(\omega_{lmpq}) = \omega_{lmpq} \Delta t_l(\chi_{lmpq}). \quad (13b)$$

For the reasons of causality, the time delays are positive definite, so the sign of the phase lag always coincides with that of the corresponding Fourier mode. Thus we finally have:

$$\begin{aligned}\epsilon_l(\omega_{\text{imp}q}) &= |\omega_{\text{imp}q}| \text{Sgn}(\omega_{\text{imp}q}) \Delta t_l(\chi_{\text{imp}q}) \\ &= \chi_{\text{imp}q} \text{Sgn}(\omega_{\text{imp}q}) \Delta t_l(\chi_{\text{imp}q}),\end{aligned}\quad (13c)$$

where $\chi_{\text{imp}q} \equiv |\omega_{\text{imp}q}|$ are the positive definite forcing frequencies.

The dynamical Love number $k_l(\omega_{\text{imp}q})$ and the phase lag $\epsilon_l(\omega_{\text{imp}q})$ are the absolute value and the negative phase of the complex Love number $\bar{k}_l(\omega_{\text{imp}q})$ whose functional dependence upon the Fourier mode is solely determined by l , provided the body is spherical.⁵

2.5. Physics behind the Love Numbers and Phase Lags

As we saw above, to obtain the decomposition (12) from the Fourier series (2), each $\text{imp}q$ term of the latter had to be endowed with its own mitigating factor $k_l = k_l(\omega_{\text{imp}q})$ and phase lag $\epsilon_l = \epsilon_l(\omega_{\text{imp}q})$. In the past, some authors enquired whether this mitigate-and-lag method is general enough to describe tides. It is, as long as the tides are linear. This is explained in Appendix C.

The expression (12) for the additional tidal potential contains both sines and cosines of the phase lags, and so does the ensuing expression for the surface elevation. However, the resulting expression for the tidal dissipation rate turns out to contain only the combination $k_l(\omega) \sin \epsilon_l(\omega)$ which is the negative imaginary part of the complex Love number:

$$\begin{aligned}k_l(\omega) \sin \epsilon_l(\omega) &= |\bar{k}_l(\omega)| \sin \epsilon_l(\omega) = -\text{Im}[\bar{k}_l(\omega)], \\ \text{where } \omega &= \omega_{\text{imp}q}.\end{aligned}\quad (14)$$

This quantity is often denoted as k_l/Q , although it would be more reasonable to employ the notation k_l/Q_l , with the tidal quality factors defined through $1/Q_l \equiv |\sin \epsilon_l|$.

A dynamical Love number $k_l(\omega_{\text{imp}q})$ is an even function of the tidal mode $\omega_{\text{imp}q}$, while a phase lag $\epsilon_l(\omega_{\text{imp}q})$ is odd, as can be observed from Equation (13b). Thus the expression for the product $k_l \sin \epsilon_l$ as a function of the physical frequency $\chi = \chi_{\text{imp}q} \equiv |\omega_{\text{imp}q}|$ is:

$$k_l(\omega) \sin \epsilon_l(\omega) = k_l(\chi) \sin \epsilon_l(\chi) \text{Sgn}(\omega), \quad (15)$$

where $\epsilon_l(\chi)$ is non-negative, because the physical frequency is χ .

The frequency dependence of $k_l/Q_l = k_l(\chi) \sin \epsilon_l(\chi)$ is defined by two major physical circumstances: self-gravitation of the planet and the rheology of its mantle. A rheological law is expressed by a constitutive equation, that is, by an equation interconnecting the strain and the stress. A particular form of this equation is determined by the friction mechanisms present in the considered medium. A realistic rheological law should contain contributions from elasticity, viscosity, and inelastic processes (mainly, dislocation unjamming). Self-gravitation suppresses the tidal bulge. At low frequencies this effectively adds to the mantle's rigidity, whereas at higher frequencies the interplay of rheology and gravity is more complex (Efroimsky 2012b, Figure 2).

⁵ For oblate celestial bodies, the functional form of the complex $\bar{k}_l(\omega_{\text{imp}q})$ is also determined by the order m . In that situation, the right notation for the complex Love number is: $\bar{k}_{lm}(\omega_{\text{imp}q})$. Its absolute value and negative phase will then be denoted with $k_{lm}(\omega_{\text{imp}q})$ and $\epsilon_{lm}(\omega_{\text{imp}q})$.

The calculation of the frequency dependence $k_l(\chi) \sin \epsilon_l(\chi)$ for a homogeneous body of a known size, mass, and rheology is presented in detail in Efroimsky (2012a, 2012b). See also the Appendix to Paper II.

While quadrupole ($l = 2$) terms are sufficient in most problems, exceptions are known. For the orbital evolution of Phobos, the $l = 3$ and, possibly, even $l = 4$ terms of the Martian tidal potential may be of relevance (Bills et al. 2005). Studying close binary asteroids, Taylor & Margot (2010) took into account the Love numbers up to $l = 6$.

The question of how rapidly $l > 2$ terms fall off with the increase of the degree l is also interesting. Most authors only rely on the geometric factor $(R/a)^{2l+1}$ to answer this question. As was explained in Efroimsky (2012b), the l -dependence of $k_l(\omega_{\text{imp}q}) \sin \epsilon_l(\omega_{\text{imp}q})$, too, comes into play and changes the result considerably.

3. THE EULERIAN AND LAGRANGIAN DESCRIPTIONS

*What we hope ever to do with ease,
we must learn first to do with diligence.*

Samuel Johnson

3.1. Notations and Definitions

To compare the varying shape of a deformable body against some benchmark configuration, we use \mathbf{X} to denote the initial position occupied by a particle at $t = 0$. At another time t , the particle finds itself in a new place

$$\mathbf{x} = \mathbf{f}(\mathbf{X}, t),$$

where the function $\mathbf{f}(\mathbf{X}, t)$ is a trajectory, that is, a solution to the equation of motion, with the initial condition $\mathbf{x} = \mathbf{X}$ set at $t = 0$.

The current values of all physical and kinematic properties of the medium can be expressed as functions of the instantaneous coordinates \mathbf{x} of a point where these properties are being measured at the present moment t . When referred to the present time and position, such properties are named *Eulerian* and are equipped with a subscript E ; for example: $q_E(\mathbf{x}, t)$. The Eulerian description is fit to answer the question “where,” and therefore is convenient in fluid dynamics where the displacement $\mathbf{x} - \mathbf{X}$ can become arbitrarily large and the initial position \mathbf{X} is soon forgotten.

While \mathbf{x} denotes a place in space, the initial condition \mathbf{X} acts as the “number” of a particle presently residing at the place \mathbf{x} . Although located at \mathbf{x} , the particle originally came from \mathbf{X} and will carry the label \mathbf{X} forever.

Knowing the trajectories of all particles, we can express the properties as functions of the time t and the initial conditions \mathbf{X} . To that end, we employ the change of variables $\mathbf{x} = \mathbf{f}(\mathbf{X}, t)$. Expressed through the initial conditions, a property q will be termed as *Lagrangian* and equipped with the subscript L :

$$q_L(\mathbf{X}, t) \equiv q_E(\mathbf{x}, t) \quad (16a)$$

or, in more detail:

$$q_L(\mathbf{X}, t) \equiv q_E(\mathbf{f}(\mathbf{X}, t), t). \quad (16b)$$

So q_L has the same value as q_E , but has a different functional form, as it is now understood as a function of the initial

conditions (the particles’ “numbers”) X , and not of the present-time coordinates \mathbf{x} . Relating the quantities to the initial positions X , the Lagrangian description tells us “which particle”, and is thus practical in description of deformable solids.

In anticipation of perturbative treatment, we regard the trajectory $\mathbf{x} = \mathbf{f}(X, t)$ as fiducial and equip the appropriate functional dependencies with a superscript 0:

$$q_L^0(X, t) \equiv q_E^0(\mathbf{x}, t) \quad (17a)$$

which is:

$$q_L^0(X, t) \equiv q_E^0(\mathbf{f}(X, t), t). \quad (17b)$$

3.2. Perturbative Approach

Under disturbance, two changes will take place in a point \mathbf{r} at a time t :

1. Properties will now assume different values in this point at this time. So we substitute the unperturbed Eulerian dependencies $q_E^0(\mathbf{r}, t)$ with

$$q_E(\mathbf{r}, t) = q_E^0(\mathbf{r}, t) + q'_E(\mathbf{r}, t). \quad (18)$$

This equality, in fact, serves as a definition of the variation $q'_E(\mathbf{r}, t)$: the variation is a change in the functional dependence of a physical property upon the present position \mathbf{r} .

2. A different particle will now appear in the point \mathbf{r} at the time t . It will not be the same particle as the one expected there at the time t in the absence of perturbation.

Accordingly, a particle, which starts in X at $t = 0$, will show up at the time t , not in the point $\mathbf{x} = \mathbf{f}(X, t)$ but in some other location displaced by \mathbf{u} :

$$\mathbf{r} = \mathbf{x} + \mathbf{u} = \mathbf{f}(X, t) + \mathbf{u}(X, t). \quad (19)$$

Both of these changes, 1 and 2, will affect the Lagrangian dependencies of the properties upon the initial conditions, so the dependency of each property will acquire a variation $q'_L(X, t)$:

$$q_L(X, t) = q_L^0(X, t) + q'_L(X, t). \quad (20)$$

In Appendix D, we provide a self-sufficient introduction into the perturbative treatment of a deformable body, both in the Eulerian and Lagrangian languages. There we derive a relation between the perturbations of the Lagrangian and Eulerian quantities:

$$q'_L(X, t) = q'_E(\mathbf{f}(X, t), t) + \mathbf{u}(X, t) \cdot \nabla_{\mathbf{x}} q_E + O(\mathbf{u}^2), \quad (21)$$

with the gradient in the second term acting on the unperturbed history:⁶

$$\nabla_{\mathbf{x}} q_E \equiv \nabla_{\mathbf{x}} q_E(\mathbf{x}, t), \quad \text{where} \quad \mathbf{x} = \mathbf{f}(X, t). \quad (22)$$

In the formula (21), the first term on the right-hand side, $q'_E(\mathbf{x}, t)$, accounts for the change of the final spatial distribution of properties. The other two terms show up because perturbation alters the mapping from X to the present position.

3.3. Summary of Linearized Formulae for the Density of a Periodically Deformed Solid

We need several formulae for density perturbations, which are obtained in Appendix D.

In the Eulerian description:

$$\rho_E(\mathbf{r}, t) = \rho_E^0(\mathbf{r}) + \rho'_E(\mathbf{r}, t), \quad (23)$$

$$\rho'_E + \nabla_{\mathbf{r}} \cdot (\rho_E^0 \mathbf{u}) = 0, \quad (24)$$

Formula (23) renders the interrelation between the functions of the same variable. The unperturbed density ρ_E^0 appears here as a function of the perturbed present positions \mathbf{r} , not of the unperturbed reference positions \mathbf{x} . This can be traced through the derivation (D21)–(D24). There, the unperturbed density initially shows up as a function of $\mathbf{x} = \mathbf{r} - \mathbf{u}$. It then ends up as a function of \mathbf{r} , after the Taylor expansion around \mathbf{r} over powers of \mathbf{u} is performed.

Accordingly, the symbol $\nabla_{\mathbf{r}}$ denotes differentiation with respect to the perturbed position \mathbf{r} upon which ρ_E^0 is set to depend in the above equations. Also remember that in $\mathbf{u}(\mathbf{x}, t) = \mathbf{u}(\mathbf{r}, t) + O(\mathbf{u}^2)$ we can neglect $O(\mathbf{u}^2)$, in the linear approximation. Thus the Lagrangian and Eulerian values of the displacement coincide in the first order. Specifically, in Equation (24), our \mathbf{u} can be treated as a function of \mathbf{r} . So all entities in that equation are functions of the same variable, the perturbed location.

In the Lagrangian description:

$$\rho_L(X, t) = \rho_E^0(X) + \rho'_L(X, t), \quad (25)$$

$$\rho'_L + \rho_E^0 \nabla_X \cdot \mathbf{u} = 0. \quad (26)$$

Recall that this is an interrelation between functions of the same variable. This time, it is the initial position X . Had we altered the notation from X to \mathbf{r} , nothing would have changed (except that we would write $\nabla_{\mathbf{r}}$ instead of ∇_X)—it would still be the same relation between three functions of the same argument.

Relation between the increments ρ'_L and ρ'_E :

This relation originates from the general formula (21). In our case, the reference trajectory $\mathbf{x} = \mathbf{f}(X, t)$ stays identical to the initial position X , so we obtain:

$$\rho'_L(\mathbf{x}, t) = \rho'_E(\mathbf{x}, t) + \mathbf{u}(\mathbf{x}, t) \cdot \nabla_{\mathbf{x}} \rho_E^0(\mathbf{x}, t). \quad (27)$$

Once again, we are dealing with a relation between several functions taken all at one and the same point. Here the point is denoted with \mathbf{x} . Had we denoted it with \mathbf{r} , the only change would be a switch from $\nabla_{\mathbf{x}}$ to $\nabla_{\mathbf{r}}$, no matter what meaning we instill into these \mathbf{x} and \mathbf{r} .

For an initially homogeneous body, $\nabla \rho_E^0 = 0$, so the forms (24) and (26) of the linearized conservation law coincide and can both be conveniently written as

$$\rho^0 \nabla_{\mathbf{r}} \cdot \mathbf{v} + \frac{\partial \rho}{\partial t} = 0, \quad (28)$$

where $\rho^0 \equiv \rho_E^0$ and the velocity is

$$\mathbf{v} = \frac{\partial \mathbf{u}}{\partial t}. \quad (29)$$

⁶ To derive Equation (21), we expanded $q_E(\mathbf{r}, t) = q_E(\mathbf{x} + \mathbf{u}, t)$ into the Taylor series near the unperturbed $q_E(\mathbf{x}, t)$.

3.4. Potentials and Their Increments

In each point, the density ρ and potential V comprise a mean value and a perturbation:

$$\text{density:} \quad \rho = \rho^0 + \rho', \quad (30a)$$

$$\text{potential:} \quad V = V^0 + V' = V^0 + (W + U), \quad (30b)$$

where V^0 is the constant-in-time spherically symmetrical potential of an undeformed body, whereas V' denotes the potential's perturbation. The perturbation consists of the external tide-raising potential W and the resulting additional potential U of the perturbed body:

$$V' = W + U. \quad (31)$$

The potentials and densities will be endowed with a subscript “ L ” or “ E ” pointing at the Lagrangian or Eulerian descriptions, accordingly. Owing to the general expression (21), we have:

$$V'_E(\mathbf{r}, t) = V'_L(\mathbf{x}, t) - \mathbf{u} \cdot \nabla_x V_E^0, \quad (32)$$

the same being valid for ρ , see Equation (27). For unperturbed properties, however, subscripts may be dropped without causing any confusion:

$$V^0 \equiv V_E^0, \quad \rho^0 \equiv \rho_E^0. \quad (33)$$

3.5. The Poisson Equation in the Eulerian Description

In both the perturbed and unperturbed settings, the density and potential are always linked through the Poisson equation:

$$\nabla_r^2 V_E = -4\pi G \rho_E, \quad (34a)$$

$$\nabla_r^2 V_E^0 = -4\pi G \rho_E^0, \quad (34b)$$

while the perturbing potential W obeys the Laplace equation outside the perturber:

$$\nabla_r^2 W_E = 0. \quad (34c)$$

Subtraction of Equation (34b) from Equation (34a) results in a Poisson equation for the density perturbation:

$$\nabla_r^2 V'_E = -4\pi G \rho'_E. \quad (35)$$

The Poisson equation in the Lagrangian description is presented in Appendix D.

4. THE POWER PRODUCED BY THE TIDAL FORCE

4.1. In the Eulerian Description

The power P exerted on the perturbed body is an integral, over its volume, of the rate of working by tidal forces on displacements. In the Eulerian language, the power reads as

$$P = \int \rho_E \mathbf{v} \cdot \nabla_r V'_E d^3r, \quad (36)$$

the integration being performed over an instantaneous, deformed volume. Together with

$$\rho_E \mathbf{v} \cdot \nabla_r V'_E = \nabla_r \cdot (\rho_E \mathbf{v} V'_E) - V'_E \nabla_r \cdot (\rho_E \mathbf{v}), \quad (37)$$

the mass-conservation law

$$\nabla_r \cdot (\rho_E \mathbf{v}) + \frac{\partial \rho_E}{\partial t} = 0 \quad (38)$$

simplifies the expression under the integral to the following form:

$$\rho_E \mathbf{v} \cdot \nabla_r V'_E = \nabla_r \cdot (\rho_E \mathbf{v} V'_E) + V'_E \frac{\partial \rho'_E}{\partial t}. \quad (39a)$$

Further employment of the Poisson equation in the Eulerian form, (Equation (35)), gives us

$$\rho_E \mathbf{v} \cdot \nabla_r V'_E = \nabla_r \cdot (\rho_E \mathbf{v} V'_E) - \frac{1}{4\pi G} V'_E \frac{\partial}{\partial t} \nabla_r^2 V'_E. \quad (39b)$$

So the power becomes

$$P = \int \nabla_r \cdot (\rho_E \mathbf{v} V'_E) d^3r + \int V'_E \frac{\partial \rho'_E}{\partial t} d^3r \quad (40a)$$

$$= \int_{\Sigma'} \rho_E V'_E \mathbf{v} \cdot d\mathbf{S}' - \frac{1}{4\pi G} \int V'_E \frac{\partial}{\partial t} \nabla_r^2 V'_E d^3r, \quad (40b)$$

where $d\mathbf{S}' \equiv \hat{\mathbf{n}}' d\Sigma'$, with $\hat{\mathbf{n}}'$ and $d\Sigma'$ being a unit normal to the deformed surface and an element of area on that surface, both taken at the time t . Correct to the first order in the displacement \mathbf{u} , these are related to their unperturbed analogues via

$$\hat{\mathbf{n}}' = (1 - \nabla^\Sigma \otimes \mathbf{u}) \hat{\mathbf{n}} \quad \text{and} \quad d\Sigma' = (1 + \nabla^\Sigma \cdot \mathbf{u}) d\Sigma, \quad (41)$$

where the surface gradient is defined as

$$\nabla^\Sigma \equiv \nabla_x - \hat{\mathbf{n}} \partial_{\hat{\mathbf{n}}}, \quad (42)$$

so $\nabla^\Sigma \otimes \mathbf{u}$ is a three-dimensional, second-rank tensor (Dahlen & Tromp 1998). Altogether,

$$d\mathbf{S}' \equiv \hat{\mathbf{n}}' d\Sigma' = (1 + \nabla^\Sigma \cdot \mathbf{u}) \hat{\mathbf{n}} d\Sigma - (\nabla^\Sigma \otimes \mathbf{u}) \hat{\mathbf{n}} d\Sigma = (1 + \nabla^\Sigma \cdot \mathbf{u}) d\mathbf{S} - (\nabla^\Sigma \otimes \mathbf{u}) d\mathbf{S}, \quad (43a)$$

with $d\mathbf{S} \equiv \hat{\mathbf{n}} d\Sigma$ pertaining to the unperturbed surface. In a shorter form, the above reads as

$$d\mathbf{S}' = \mathbb{J} d\mathbf{S}, \quad (43b)$$

where the three-dimensional, second-rank tensor

$$\mathbb{J} \equiv (1 + \nabla^\Sigma \cdot \mathbf{u}) \mathbb{I} - \nabla^\Sigma \otimes \mathbf{u} \quad (44)$$

is, loosely speaking, playing the role of a Jacobian for elements of area. This is fully analogous to the formula

$$d^3r = J d^3x = (1 + \nabla_x \cdot \mathbf{u}) d^3x = [1 + \nabla_r \cdot \mathbf{u} + O(u^2)] d^3x \quad (45)$$

linking the deformed volume d^3r to the undeformed volume d^3x (see Appendix D.4.1.).

4.2. In the Lagrangian Description

Applied to the density, the general formula (16) renders:

$$\rho_L(\mathbf{X}, t) \equiv \rho_E(\mathbf{r}, t). \quad (46)$$

This, together with the formula (32) for the potential perturbation, enables us to express the power in the Lagrangian description:

$$P = \int \rho_L \mathbf{v} \cdot \nabla_x V_L' d^3x - \int \rho_L \mathbf{v} \cdot \nabla_x (\mathbf{u} \cdot \nabla_x V^0) d^3x, \quad (47)$$

the integral now being taken over the undeformed body. Be mindful that $d^3r \nabla_r = d^3x \nabla_x$, so no Jacobian shows up on the right-hand side.

The velocity and displacement being in quadrature, the second term should be dropped after time averaging (denoted with angular brackets):

$$\langle P \rangle = \int \rho_L \mathbf{v} \cdot \nabla_x V_L' d^3x, \quad (48a)$$

For a periodically deformed solid, we set the equilibrium state to play the role of the unperturbed configuration, for which reason⁷ $\rho_L(\mathbf{X}, t)J = \rho_E^0(\mathbf{x})$. Insertion of this equality into the expression (48a) gives us:

$$\langle P \rangle = \int \rho^0 \mathbf{v} \cdot \nabla_x V_L' J^{-1} d^3x. \quad (48b)$$

The dot-product can be easily rearranged via the formulae analogous to Equations (37)–(39). Due to

$$\rho^0 \mathbf{v} \cdot \nabla_x V_L' = \nabla_x \cdot (\rho^0 \mathbf{v} V_L') - V_L' \nabla_x \cdot (\mathbf{v} \rho^0) \quad (49)$$

and

$$\rho^0 \nabla_x \cdot \mathbf{v} + \frac{\partial \rho}{\partial t} = 0, \quad (50)$$

the expression under the integral becomes

$$\rho^0 \mathbf{v} \cdot \nabla_x V_L' = \nabla_x \cdot (\rho^0 \mathbf{v} V_L') + V_L' \frac{\partial \rho_L'}{\partial t}, \quad (51)$$

provided we set $\nabla_x \rho^0 = 0$, that is, provided we assume that the unperturbed body is homogeneous.⁸ Then the time-averaged power, for an initially homogeneous body, acquires the form of

$$\langle P \rangle = \int \nabla_x \cdot (\rho^0 \mathbf{v} V_L') d^3x + \int V_L' \frac{\partial \rho_L'}{\partial t} d^3x, \quad (52)$$

where we approximated the Jacobian with unity, thus neglecting higher-order terms.

⁷ The mass is conserved along both trajectories, perturbed and unperturbed. So both $\rho_E(\mathbf{r}, t) d^3r$ and $\rho_E^0(\mathbf{x}, t) d^3x$ must be equal to the initial mass $\rho_E^0(\mathbf{X}) d^3X$, and therefore to one another: $\rho_E(\mathbf{r}, t) d^3r = \rho_E^0(\mathbf{x}, t) d^3x$. Thence, $\rho_E(\mathbf{r}, t)J = \rho_E^0(\mathbf{X})$, where $J \equiv d^3r/d^3x$. In combination with Equation (46), this yields: $\rho_L(\mathbf{X}, t)J = \rho_E^0(\mathbf{x}, t)$. When the unperturbed configuration is the equilibrium state, $\mathbf{x} = \mathbf{f}(\mathbf{X}, t)$ coincides with \mathbf{X} at all times. So $\rho_E^0(\mathbf{x}, t)$ bears no dependence on time, and the above equality becomes simply $\rho_L(\mathbf{X}, t)J = \rho_E^0(\mathbf{x})$. See Appendix D.4.1 for a detailed discussion.

⁸ No such assumption was required to obtain the Eulerian analogue (Equation (38)) of the Lagrangian formula (50).

5. TIDAL DISSIPATION RATE IN A HOMOGENEOUS SPHERE

Although the Eulerian and Lagrangian pictures are equivalent, the boundary conditions look simpler in the Eulerian version. On the other hand, for periodic deformations, practical calculations are easier carried out in the Lagrangian description, as it implies integrations over the unperturbed volume and surface corresponding to the equilibrium shape. It is, unfortunately, not unusual for the authors to refrain from pointing out which description is employed, leaving this to the discernment of the readers. The easiest way to trace an author's choice is to look at the way they write the expression for the power and the Poisson equation.

The often-cited authors Zschau (1978) and Platzman (1984) started in the Eulerian language and then switched to the Lagrangian description. This can be seen from the fact that the time-average power was eventually written by both of them as an integral over the *undeformed* body. Both works contained some mathematical omissions, which, fortunately, did not influence the final form of the integral.

Below we present these authors' method in a more mathematically complete manner. While our expression for the power, written as an integral over the unperturbed surface, will coincide with the integrals derived by the said authors, our final result (the power written as a spectral sum over the Fourier modes) will differ. In one important detail, our result also differs from that by Peale & Cassen (1978).

5.1. A Mixed, Eulerian–Lagrangian Treatment

Similar to Zschau (1978, Equation (2)), we begin with the formula (36) for the power in the Eulerian variables. The next natural step is Equation (40), whereafter integration by parts renders:

$$P = \int \rho_E V_E' \mathbf{v} \cdot d\mathbf{S}' - \frac{1}{4\pi G} \int d^3r \nabla_r \cdot \left(V_E' \frac{\partial \nabla_r V_E'}{\partial t} \right) + \frac{1}{4\pi G} \int d^3r \frac{\partial \nabla_r V_E'}{\partial t} \cdot \nabla_r V_E' \quad (53a)$$

$$= \int \rho_L V_E' \mathbf{v} \cdot (J d\mathbf{S}) - \frac{1}{4\pi G} \int V_E' \frac{\partial \nabla_r V_E'}{\partial t} \cdot (J d\mathbf{S}) + \frac{1}{8\pi G} \frac{\partial}{\partial t} \int (J d^3x) \nabla_r V_E' \cdot \nabla_r V_E'. \quad (53b)$$

En route from the former expression to the latter, we switch from $d\mathbf{S}'$ and d^3r to $J d\mathbf{S}$ and $J d^3x$, respectively. Thereby we switch from integration over a deformed body to that over the undeformed one. So ρ_E becomes ρ_L , see Equation (46). A similar switch from V_E' to V_L' can be performed using Equation (32), but we prefer to stick to V_E' for some time, as it will be easier to impose the boundary conditions on the Eulerian potential.

In a leading-order calculation, both the Jacobian and its tensorial analogue may be set unity: $J \approx \mathbb{I}$ and $J \approx 1$, as evident from the formulae (44) and (45). In the same order, we can substitute ∇_r with ∇_x . In addition, as was explained in Footnote 7, we can substitute $\rho_L = \rho^0/J$ with ρ^0 , and treat the latter as time-independent. Thus, the time average of the power

becomes:

$$\langle P \rangle = \int \langle \rho^0 V_E' \mathbf{v} \rangle \cdot d\mathbf{S} - \frac{1}{4\pi G} \int \left\langle V_E' \frac{\partial \nabla_x V_E'}{\partial t} \right\rangle \cdot d\mathbf{S} \quad (54a)$$

$$= -\frac{1}{4\pi G} \int \left\langle V_E' \frac{\partial}{\partial t} (\nabla_x V_E' - 4\pi G \rho^0 \mathbf{u}) \right\rangle \cdot d\mathbf{S}. \quad (54b)$$

with the volume integral dropped.⁹ The potential V_E' in the above developments was the *interior* potential, so the above formula should, rigorously speaking, have been written as

$$\langle P \rangle = -\frac{1}{4\pi G} \int \left\langle V_E'^{(interior)} \frac{\partial}{\partial t} (\nabla_x V_E'^{(interior)} - 4\pi G \rho^0 \mathbf{u}) \right\rangle \cdot d\mathbf{S}. \quad (54c)$$

The expression (54c) is somewhat formal. On the one hand, it contains integration over an undeformed surface, an operation appropriate to the Lagrangian description. On the other hand, the quantity under the integral is Eulerian, that is, a function of the perturbed positions. Thus, to employ the expression (54c) in practical calculations, one would first have to express the integrated average product $\langle V_E'^{(interior)} (\partial/\partial t) (\nabla_x V_E'^{(interior)} - 4\pi G \rho^0 \mathbf{u}) \rangle$ as a function of the unperturbed positions, that is, of the coordinates on the undeformed surface. Simply speaking, one would have to switch from a Eulerian function under the integral to a Lagrangian function, using the formula (32). The reason for our procrastination with this step is the convenience of the Eulerian description for imposing boundary conditions.

5.2. Comparing the Intermediate Result (Equation (54c)) with Analogous Formulae from Zschau (1978) and Platzman (1984)

Our expression (54c) is equivalent to formula (12) in Zschau (1978). The sole difference is how we justify the substitution of the Lagrangian density ρ_L with the unperturbed ρ^0 . Whereas we approximated the Jacobian with $1 + O(|\mathbf{u}|)$, Zschau (1978, Equation (10)) employed a clever trick that did not rely on the smallness of disturbance. In our notation, the trick looks like this: if in the first term of our expression (54a) we also keep the first-order perturbation ρ_L' of the density, the time average of the product $\rho_L' \mathbf{v} V_E'$ will always be zero, provided all three oscillate at the same frequency. While elegant, Zschau's argument works only for a perturbation at one frequency, not for a spectrum of frequencies.

The treatment by Platzman (1984) contains more inaccuracies. The author's formula (2) looks like our Equation (48b), with the actual density substituted from the beginning by its unperturbed value ρ^0 . Such a start indicates the use of the Lagrangian description. This however comes into contradiction with the way the author writes the conservation law. Platzman's form of that law is equivalent to our Equation (24)—it is written in the Eulerian language. The following Poisson equation is also Eulerian. That the author eventually arrives at the right integral expression (Equation (5) in Platzman (1984)) is more

due to luck than to accuracy. In the subsequent derivation, the author's formulae (7) and (10) are incorrect because the fact that the Fourier modes in the Darwin–Kaula theory can be of either sign is neglected. We address this point at the end of Section 5.4.

5.3. Employment of the Boundary Conditions

The Eulerian boundary conditions mimic those from electrostatics (see Appendix E):

$$V_E'^{(interior)} = V_E'^{(exterior)} \quad (55)$$

and

$$\left[\frac{\partial}{\partial \hat{\mathbf{n}}} V_E' - 4\pi G \rho^0 \mathbf{u} \right]^{(exterior)} = \left[\frac{\partial}{\partial \hat{\mathbf{n}}} V_E' - 4\pi G \rho^0 \mathbf{u} \right]^{(interior)}. \quad (56)$$

Insertion thereof into Equation (54c) makes the power look

$$\langle P \rangle = -\frac{1}{4\pi G} \int \left\langle V_E'^{(exterior)} \frac{\partial}{\partial t} \nabla_x V_E'^{(exterior)} \right\rangle \cdot d\mathbf{S}. \quad (57)$$

It is now time to write the expression under the integral (57) as a function of the coordinates on the unperturbed surface, the one over which we integrate. The formula (32) prescribes us to substitute V_E' with $V_L' - \mathbf{u} \cdot \nabla_x V_0$. As \mathbf{u} is zero outside the body, we get¹⁰

$$\langle P \rangle = -\frac{1}{4\pi G} \int \left\langle V_L'^{(exterior)} \frac{\partial}{\partial t} \nabla_x V_L'^{(exterior)} \right\rangle \cdot d\mathbf{S}. \quad (58)$$

To analyze the behavior of V' outside the perturbed body, recall that its two components, U and W , scale differently with the planetocentric radius. As can be seen from Equation (1), the degree- l Legendre component of the perturbing potential changes as¹¹ $W_l \propto r^l$. According to Equation (11), the degree- l component of the tidal potential obeys $U_l \propto r^{-(l+1)}$. All in all, the l -degree part of the exterior V' assumes the form of

$$V_L'^{(exterior)} = \sum_{l=2}^{\infty} \left[\left(\frac{r}{R} \right)^l W_l(R) + \left(\frac{r}{R} \right)^{-(l+1)} U_l(R) \right], \quad (59)$$

while the normal part of its gradient on the free surface is

$$\frac{\partial}{\partial r} V_L'^{(exterior)} = R^{-1} \sum_{l=2}^{\infty} [l W_l - (l+1) U_l]. \quad (60)$$

⁹ As previously agreed, in our approximation the Jacobian is set to unity. The potential variation V_E' is a sum of sinusoidal harmonics, and so is its gradient $\nabla_x V_E'$. After time averaging of the expression (53b), the cross terms in the product $\nabla_x V_E' \cdot \nabla_x V_E'$ will vanish, while the products of harmonics of the same frequency will render constants.

¹⁰ For the first multiplier under the integral (57), we simply substitute $V_E'^{(exterior)}$ with $V_L'^{(exterior)}$, omitting the term $[-\mathbf{u} \cdot \nabla_x V_0]^{(exterior)}$ because \mathbf{u} is zero outside the body. The case of the second multiplier, $(\partial/\partial t) \nabla_x V_E'^{(exterior)}$, is less obvious. Employment of the formula (32) gives $(\partial/\partial t) [\nabla_x V_L' - \nabla_x \cdot (\mathbf{u} V^0)]^{(exterior)}$. The vanishing of \mathbf{u} on the exterior side of the boundary does not imply the vanishing of its gradient there. On the contrary, $\nabla_x \cdot (\mathbf{u} V^0)$ performs a finite step, but so also does the gradient of V_L' , so that altogether the gradient V_E' remains continuous. To sidestep these intricacies, we can expand the volume of integration slightly outward from the actual volume of the planet (Platzman 1984, p. 74).

¹¹ Do not be misled by the planetocentric distance in Equation (1) being denoted with R . There we needed the value of W on the surface, whereas here we need to know W at an arbitrary planetocentric distance.

Plugging it into Equation (58), and benefitting from the orthogonality of surface harmonics, we obtain:¹²

$$\langle P \rangle = -\frac{1}{4\pi GR} \sum_{l=2}^{\infty} \int \langle l U_l \dot{W}_l - (l+1) W_l \dot{U}_l \rangle dS \quad (61a)$$

$$= \frac{1}{4\pi GR} \sum_{l=2}^{\infty} (2l+1) \int \langle W_l \dot{U}_l \rangle dS, \quad (61b)$$

which is equivalent to the formulae (18) in Zschau (1978) and (5) in Platzman (1984). This, however, is the last point on which we are still in agreement with our predecessors.

5.4. Writing the Integral as a Spectral Sum

Bringing in the dynamical Love numbers k_l and the phase lags defined in Equation (12), one can express the products $W_l(t) \dot{U}_l(t)$ via the spectral components of the disturbance $W(t)$.¹³

Although the formula

$$\begin{aligned} & \sum_{l=2}^{\infty} (2l+1) \langle W_l(t) \dot{U}_l(t) \rangle \\ &= \sum_{\omega} (2l+1) \frac{\omega}{2} W_l^2(\omega) k_l(\omega) \sin \epsilon_l(\omega) \end{aligned} \quad (62)$$

is often used in the literature (Zschau 1978; Platzman 1984; Segatz et al. 1988),¹⁴ accurate examination demonstrates that it is incorrect. To appreciate this, one simply has to insert the expansions (2) and (12) into the formula (61b) and see what happens.

That the answer differs from Equation (62) was noticed by Peale & Cassen (1978). However, their development also needs correction. Later, we examine this matter in great detail and provide a full inventory of the terms emerging in the spectral expansion for damping rate. At this point, we only mention the two key circumstances:

1. The conventional expression (62) ignores the degeneracy of modes, that is, a situation where several modes ω_{lmpq} with different sets $lmpq$ take the same numerical value ω . As will be demonstrated in Section 6, the sum over modes ω in Equation (62) should be substituted with a sum over *distinct values* of the modes:

instead of $\sum_{\omega} W_l^2(\omega)$ in Equation (62) use this :

$$\sum_{\omega} \left[\sum_{\omega_{lmpq}=\omega} W_l(\omega_{lmpq}) \right]^2$$

¹² On the boundary, we have: $V_L'(R) = \sum_{l=2}^{\infty} [W_l(R) + U_l(R)]$, as evident from Equation (59). Together with Equation (60), this expression was inserted in Equation (58). By doing so, we omitted the diagonal products $W_l \dot{W}_l$ and $U_l \dot{U}_l$ that vanish after time averaging. (Indeed, W_l is in quadrature with \dot{W}_l , while U_l is in quadrature with \dot{U}_l .) En route from Equation (61a) to Equation (61b), we took into account that the time averages of $\partial(U_l W_l)/\partial t$ also vanish.

¹³ In this subsection, ω is a shortened notation for the mode ω_{lmpq} , not the argument of the pericenter.

¹⁴ Our expression (62) is identical to the upper line of Equation (10) in Platzman (1984). Note a misprint on that line of Platzman's equation: a missing factor of ω . Our formula (62), when truncated to $l=2$, also becomes equivalent to Equation (22) in Zschau (1978) and Equation (12) in Segatz et al. (1988). (Both authors kept only the degree-2 terms.)

where $\sum_{\omega_{lmpq}=\omega} W_l(\omega_{lmpq})$ denotes a sum of all terms for which ω_{lmpq} takes a value ω .

In short: first sum all the terms corresponding to one value of ω , then square the sum, and only then sum over all the values of ω .

2. Much less intuitive is the fact that the spectral sum will contain extra terms that are missing completely in the expression (62). As we shall see in Appendix F, these terms look (up to some caveat) as $W_l(\omega) W_l(-\omega)$. They show up because two modes of opposite values, ω and $-\omega$, correspond to the same physical frequency $|\omega|$.

For the time being, we use the notation \sum^{\sharp} :

$$\begin{aligned} & \sum_{l=2}^{\infty} (2l+1) \langle W_l(t) \dot{U}_l(t) \rangle \\ &= \sum_{\omega}^{\sharp} (2l+1) \frac{\omega}{2} W_l^2(\omega) k_l(\omega) \sin \epsilon_l(\omega), \end{aligned} \quad (63)$$

where the superscript \sharp reminds the reader that the spectral sum needs to be amended down the road.

Insertion of Equation (63) into Equation (61b) results in:¹⁵

$$\langle P \rangle = \frac{1}{8\pi GR} \sum_{\omega}^{\sharp} (2l+1) \omega k_l(\omega) \sin \epsilon_l(\omega) \int W_l^2(\omega) dS. \quad (64)$$

If not for the superscript \sharp , this expression would coincide with the results by Zschau (1978) and Platzman (1984).¹⁶ The superscript reminds us of the important caveat in the evaluation of the sum: the factors $W_l^2(\omega)$ should be substituted with more complicated expressions, whereas the sum should be carried not over all modes $\omega = \omega_{lmpq}$, but over all *distinct values* of ω , see Section 6.

6. HEAT PRODUCTION OVER TIDAL MODES: A SKETCHY DERIVATION OF THE FORMULA (65), IN NEGLECT OF THE DEGENERACY

We must insert the expansions (2) and (12) into the formula (61b) for the heating rate, in order to obtain a comprehensive version of the somewhat symbolic sum (Equation (63)) and to see what the modified sum \sum^{\sharp} actually means. A sketchy version of this calculation (which takes into account that the modes may have either sign, but neglects the degeneracy of modes) is given in Appendix F. Extraordinarily laborious, the full calculation is presented in Appendix H to the extended version of this paper (see Efroimsky & Makarov 2014, Appendix H) Here we provide the final results.

¹⁵ Were we using complex potentials, we would have $W_l \dot{U}_l^*$ instead of $W_l \dot{U}_l$ in Equation (61b), and would have $W_l W_l^*$ instead of $W_l W_l$ in Equation (63).

¹⁶ Our expression (64) should be compared to Equation (22) from Zschau (1978), in understanding that our expression furnishes the mean damping rate summed over the entire spectrum, whereas Zschau's formula renders the energy loss over a period at a certain frequency. With these details taken into account, the formulae are equivalent. They are also equivalent to the formulae (10) and (12) in Segatz et al. (1988) and (10) in Platzman (1984). Note, however, that in the first line of Platzman's formula a factor of ω is missing.

In the case of a *uniformly* moving pericenter, the average dissipation rate is:

$$\langle P \rangle = \frac{GM^*{}^2}{a} \sum_{l=2}^{\infty} \left(\frac{R}{a} \right)^{2l+1} \sum_{m=0}^l \frac{(l-m)!}{(l+m)!} (2 - \delta_{0m}) \sum_{p=0}^l F_{lmp}^2(i) \times \sum_{q=-\infty}^{\infty} G_{lpq}^2(e) \chi_{lmpq} k_l(\chi_{lmpq}) \sin \epsilon_l(\chi_{lmpq}), \quad (65)$$

where the physical frequencies are the absolute values of the Fourier modes:

$$\chi_{lmpq} = |\omega_{lmpq}| = |(l-2p)\dot{\omega} + (l-2p+q)\dot{M} + m(\dot{\Omega} - \dot{\theta})| \approx |(l-2p+q)n - m\dot{\theta}|, \quad (66)$$

and $\sin \epsilon_l(\chi_{lmpq})$ is what they often call $1/Q_l$ in the literature.¹⁷

In Efroimsky & Makarov (2014, Appendix H), we have also derived a formula for an idle pericenter, but the applicability realm of that formula is limited.¹⁸

Our formula (65) differs from the appropriate expression in Kaula (1964, Equation (28)) that contains a redundant factor $(1 + k_l)/2$.

In the special situation where

1. $l = 2$,
2. the body is incompressible, so $k_2 = 3h_2/5$,¹⁹
3. the spin is synchronous, with no libration,

the expression (65) should be compared to the formula (31) from Peale & Cassen (1978). This comparison is carried out in Appendix H. In our expression, all terms are positive-definite, because the factors $\omega_{2mpq} k_2(\omega_{2mpq}) \sin \epsilon_2(\omega_{2mpq})$ are even functions of the tidal mode ω_{2mpq} . Peale & Cassen (1978), however, have their terms proportional to the products $\omega_{2mpq} k_2(\omega_{2mpq}) \sin |\epsilon_2(\omega_{2mpq})|$ which are negative for negative ω_{2mpq} . In the considered setting, the largest of such terms were of the order of e^4 . Such inputs lead to an underestimation of the heat production rate in the situations where the eccentricity is sufficiently high (like in the case of the Moon whose eccentricity might attain high values in the past due to a three-body resonance with the Sun).

¹⁷ It would not hurt to reiterate that the Fourier modes ω_{lmpq} can be of either sign, while the physical forcing frequencies (Equation (66)) are positive definite. Obviously, $\chi_{lmpq} k_l(\chi_{lmpq}) \sin \epsilon_l(\chi_{lmpq}) = \omega_{lmpq} k_l(\omega_{lmpq}) \sin \epsilon_l(\omega_{lmpq})$, because the dynamical Love numbers are even functions, whereas the phase lags are odd and of the same sign as their argument. This is why the tidal quality factors may be expressed as $1/Q_l = \sin \epsilon_l(\chi_{lmpq})$ and also as $1/Q_l = |\sin \epsilon_l(\omega_{lmpq})|$, with the absolute value symbols being redundant in the former formula and needed in the latter.

¹⁸ For an idle pericenter, the time-averaged, tidal-heating power reads as:

$$\langle P \rangle = \frac{GM^*{}^2}{a} \sum_{l=2}^{\infty} \left(\frac{R}{a} \right)^{2l+1} \sum_{m=0}^l \frac{(l-m)!}{(l+m)!} (2 - \delta_{0m}) \sum_{p=0}^l F_{lmp}(i) \times \sum_{p'=0}^l F_{lmp'}(i) \sum_{q=-\infty}^{\infty} G_{lpq}(e) [G_{lp'q'}(e)]_{q'=q-2(p-p')} \cos(2(p'-p)\omega_0) \times \omega_{lmpq} k_l(\omega_{lmpq}) \sin \epsilon_l(\omega_{lmpq}),$$

ω_0 being the value of the pericenter. This formula is of a limited practical value, since ω_0 seldom stays idle. For example, if we are computing tidal damping in a planet perturbed by the star, ω_0 of the star as seen from the planet will be evolving due to the equinoctial precession of the planet equator.

¹⁹ Static Love numbers of an incompressible spherical planet satisfy the relation $(2l+1)k_l = 3h_l$. As explained in Appendix G, an analogue of this equality for dynamical Love numbers is $(2l+1)k_l(\omega_{lmpq}) = 3h_l(\omega_{lmpq})$.

²⁰ In the notation of Peale & Cassen (1978), these products are written as $(3/5)h_2(2-2p+q-m)/Q_{2mpq}$.

7. CONCLUSIONS

We have derived from the first principles a formula for the tidal dissipation rate in a homogeneous spherical body. En route to that formula, we compared our intermediate results with those by Zschau (1978) and Platzman (1984). When restricted to the special case of an incompressible spherical planet spinning synchronously without libration, our final formula can be compared with the commonly used expression from Peale & Cassen (1978, Equation (31)). The two turn out to differ. In our expression, the contributions from all Fourier modes are positive-definite, which is not the case of the formula from Peale & Cassen. As a result, employment of the formula from Peale & Cassen (1978) may cause underestimation of tidal heat production in some situations. For example, our calculations for the rate of energy dissipation in the Moon with its current parameters yield a value approximately a factor of two greater than the result derived from the classic equation, with the difference coming from the non-resonant terms having the correct sign.

We therefore propose to use our Equation (65) for rocky planets and moons, instead of the classic formula from Peale & Cassen (1978, Equation (31)), because (1) our expression is more accurate for the basic case of objects captured into the 1:1 resonance, and (2) it correctly captures the frequency dependence of tidal dissipation for objects outside the 1:1 resonance.

Several applications are provided in the work by Paper II, which is being published back to back with the current paper.

M.E. is indebted to Jeroen Tromp and Mikael Beuthe for pointing out the advantage of the Lagrange description, and to Gabriel Tobie for a very useful exchange on tidal heating.

The authors are grateful to James G. Williams for a meticulous reading of the manuscript and very judicious comments that were of great help.

The authors' special thanks go to the referee, Patrick A. Taylor, whose thoughtful and comprehensive report enabled the authors to improve the quality of the paper significantly.

This research has made use of NASA's Astrophysics Data System.

APPENDIX A

THE ASSOCIATED LEGENDRE FUNCTIONS AND THEIR NORMALIZATION

The Legendre polynomials are usually defined by the Rodrigues formula:

$$P_l(x) = \frac{1}{2^l l!} \frac{d^l}{dx^l} (x^2 - 1)^l. \quad (A1)$$

The associated Legendre functions $P_{lm}(x)$ (termed associated Legendre *polynomials* when their argument is sine or cosine of some angle) were introduced by Ferrers (1877) as²¹

$$P_{lm}(x) = (1 - x^2)^{m/2} \frac{d^m}{dx^m} P_l(x), \quad \text{where } l \geq m \geq 0. \quad (A2)$$

²¹ Sometimes in the literature they also use the functions

$$P_l^m(x) = (-1)^m (1 - x^2)^{m/2} \frac{d^m}{dx^m} P_l(x) = (-1)^m P_{lm}(x),$$

as defined, for example, in Abramowitz & Stegun (1972, p. 332). There also exists a different convention wherein $P_l^m(x)$ lacks the $(-1)^m$ multiplier and thus coincides with $P_{lm}(x)$, as in Arfken & Weber (1995, p. 623).

The so-defined associated Legendre functions are sometimes called *unnormalized*, although a more accurate term would be in *Ferrers' normalization*. This normalization reads as:

$$\int_{-1}^1 P_{lm}(x) P_{l'm}(x) dx = \frac{2}{2l+1} \frac{(l+m)!}{(l-m)!} \delta_{ll'} \quad (\text{A3a})$$

or, equivalently:

$$\int_{-\pi/2}^{\pi/2} P_{lm}(\sin \phi) P_{l'm}(\sin \phi) \cos \phi d\phi = \frac{2}{2l+1} \frac{(l+m)!}{(l-m)!} \delta_{ll'}, \quad (\text{A3b})$$

another equivalent form being

$$\int_0^\pi P_{lm}(\cos \varphi) P_{l'm}(\cos \varphi) \sin \varphi d\varphi = \frac{2}{2l+1} \frac{(l+m)!}{(l-m)!} \delta_{ll'}. \quad (\text{A3c})$$

The associated Legendre functions in Ferrers' normalization should not be confused with the associated Legendre functions $\tilde{P}_{lm}(x)$ which are written in the *Schmidt partial normalization*:

$$\int_{-1}^1 \tilde{P}_{lm}(x) \tilde{P}_{l'm}(x) dx = \frac{2}{2l+1} (2 - \delta_{0m}) \delta_{ll'}. \quad (\text{A4})$$

For more on these normalizations, see Winch et al. (2005).

APPENDIX B

KEEPING $\dot{\omega}$ IMPLIES EITHER KEEPING $\dot{\mathcal{M}}_0$ OR DEFINING \mathcal{M} AS dn/dt

Under disturbance, the mean anomaly is written as

$$\mathcal{M} = \mathcal{M}_0 + \int_{t_0}^t n(t) dt, \quad \text{where } n(t) \equiv \sqrt{G(M + M^*) a^{-3}(t)}, \quad (\text{B1})$$

so the expression (5) for the Fourier tidal modes acquires the form of

$$\begin{aligned} \omega_{lmpq} \equiv \dot{\nu}_{lmpq} - m\dot{\theta} &= (l-2p)(\dot{\omega} + \dot{\mathcal{M}}_0) \\ &+ q\dot{\mathcal{M}}_0 + (l-2p+q)n + m(\dot{\Omega} - \dot{\theta}). \end{aligned} \quad (\text{B2})$$

Kaula (1964, Equation (40)) makes an oversight by accepting the approximation

$$\dot{\mathcal{M}} = \dot{\mathcal{M}}_0 + n \approx n. \quad (\text{B3})$$

Indeed, as $\dot{\omega}$ and $\dot{\mathcal{M}}_0$ are often of the same order, it is incorrect to keep the former while neglecting the latter. We present two examples. In the first, $\dot{\omega}$ and $\dot{\mathcal{M}}_0$ are of the same order but of opposite signs, so they largely compensate one another. This suggests a simultaneous neglect of *both* terms. In the second example, $\dot{\omega}$ and $\dot{\mathcal{M}}_0$ turn out to be of the same order and the same sign, so keeping one of these terms requires keeping the other.

B.1. Example 1. Tidal Perturbation of a Low-inclination, Low-eccentricity Orbit

Consider a low-inclined perturber. From the tides it creates, the perturber gets predominantly transversal orbital disturbance.

We need two planetary equations in the Gauss form (Brouwer & Clemence 1961, p. 301, Equation (33)):²²

$$\begin{aligned} \dot{\omega} &= \frac{\sqrt{1-e^2}}{nae} \left[-R \cos f + \left(1 + \frac{r}{p}\right) T \sin f \right] \\ &- \frac{\sin(\omega + f) \cot i}{na\sqrt{1-e^2}} \frac{r}{a} W, \end{aligned}$$

$$\dot{\mathcal{M}}_0 = \frac{1-e^2}{nae} \left[\left(\cos f - 2 \frac{r}{p} e \right) R - \left(1 + \frac{r}{p}\right) T \sin f \right],$$

where f is the true anomaly, $p \equiv a(1-e^2)$ is the *semilatus rectum*, while R , T , and W are the radial, transversal, and normal-to-orbit forces, respectively. In a situation where the perturbation is predominantly transversal and the terms with R and W may be neglected, we obtain:

$$\dot{\omega} + \dot{\mathcal{M}}_0 \approx \frac{e}{1 + \sqrt{1-e^2}} \frac{\sqrt{1-e^2}}{na} \left(1 + \frac{r}{p}\right) T \sin f. \quad (\text{B4})$$

A low-inclined moon gets predominantly transversal orbital disturbance from the tides it creates in the planet. Inserting the latter expression in the formula (B2) for the Fourier modes, we see that for the modes with a zero q (like the semidiurnal tide parameterized with $lmpq = 2200$) the input from the pericenter rate may be omitted if the eccentricity is not too large. Indeed, for $q = 0$, the term $q\dot{\mathcal{M}}_0$ vanishes, while the term $(l-2p)(\dot{\omega} + \dot{\mathcal{M}}_0)$ is now approximated with $(l-2p)$ multiplied by the expression (B4). Although $\dot{\omega}$ and $\dot{\mathcal{M}}_0$ can, separately, be substantial, their sum (B4) is smaller by the order of e . Being (in this particular case) of the same order but of opposite sign, $\dot{\omega}$ and $\dot{\mathcal{M}}_0$ largely compensate one another. Therefore, if we choose to drop $\dot{\mathcal{M}}_0$, we should also drop $\dot{\omega}$. In this special case, dropping both will be legitimate.

As a useful aside, we would remind that the mean longitude is defined through $L \equiv \mathcal{M} + \omega + \Omega$, its rate being $\dot{L} \equiv \sqrt{G(M + M^*) a^{-3}(t)} + \dot{\mathcal{M}}_0 + \dot{\omega} + \dot{\Omega}$. As we have just seen, the rates $\dot{\mathcal{M}}_0$ and $\dot{\omega}$ largely compensate one another and may both be neglected in the considered case. If, above that, the rate of the node happens to be negligible, then the mean motion from the Kepler law will be close to the mean longitude rate.

B.2. Example 2. Orbital Perturbation Due to Oblateness

The situation is different where the principal perturbation is due to the oblateness of the tidally perturbed primary. The mean rates (Vallado 2007, pp. 647–648)

$$\dot{\mathcal{M}}_0 = \frac{3}{4} n J_2 \frac{R^2}{a^2} \frac{2 - 3 \sin^2 i}{(1 - e^2)^{3/2}}$$

and

$$\dot{\omega} = \frac{3}{4} n J_2 \frac{R^2}{a^2} \frac{4 - 5 \sin^2 i}{(1 - e^2)^2}.$$

are of the same order and sign. Therefore, when keeping $\dot{\omega}$, we must also include $\dot{\mathcal{M}}_0$.

The easiest way to get rid of $\dot{\mathcal{M}}_0$ is to define the mean motion as $n \equiv \dot{\mathcal{M}}$. This, the so-called *anomalous* mean motion will, however, differ from $\sqrt{G(M + M^*) a^{-3}(t)}$.

²² The system (33) in Brouwer & Clemence (1961, p. 301) contains an equation for the rate $d\epsilon/dt$, where (as explained on the preceding page in Brouwer & Clemence) ϵ is understood as $\epsilon^I \equiv \mathcal{M}_0 + \dot{\omega} = \mathcal{M}_0 + \omega + \Omega$.

APPENDIX C

UNIVERSALITY OF THE DARWIN-KAULA DESCRIPTION

As we saw earlier, to obtain the decomposition (12) from the Fourier series (2), each term of the latter series must be endowed with a mitigating factor $k_l = k_l(\omega_{lmpq})$ of its own and, likewise, must acquire its own phase lag $\epsilon_l = \epsilon_l(\omega_{lmpq})$. In the literature, some authors enquired whether this mitigate-and-lag method is general enough to describe tides. The answer to this question is affirmative, insofar as the tides are linear. Without going into details (to be found in Efroimsky 2012a, 2012b), we would mention that an l -degree part of the operator (Equation (11)) is a convolution called the *Love operator*:

$$U_l(\mathbf{r}, t) = \left(\frac{R}{r}\right)^{l+1} \int_{-\infty}^t \dot{k}_l(t-t') W_l(\mathbf{R}, \mathbf{r}^*, t') dt', \quad (C1)$$

Indeed, linearity of tides means that, at each time t , the overall magnitude of reaction depends linearly on the magnitudes of the disturbance at all preceding instants of time, $t' \leq t$. The emergence of inputs from earlier times stems from the inertia (“memory”) of the material. A disturbance that took place at an instant t' appears in the integral for $U_l(\mathbf{r}, t)$ with a weight $\dot{k}_l(t-t')$ that depends on the elapsed time. Following Churkin (1998), who gave this formalism its present shape, we call these weights *Love functions*.

In the frequency domain, the convolution becomes:

$$\bar{U}_l(\omega) = \left(\frac{R}{r}\right)^{l+1} \bar{k}_l(\omega) \bar{W}_l(\omega), \quad (C2)$$

where $\omega = \omega_{lmpq}$ is the tidal mode (not the periaapse); $\bar{U}_l(\omega)$ and $\bar{W}_l(\omega)$ are the Fourier images or Laplace images of the potentials $U_l(\mathbf{r}, t)$ and $W_l(\mathbf{R}, \mathbf{r}^*, t)$; while the complex Love numbers

$$\bar{k}_l(\omega) = |\bar{k}_l(\omega)| e^{-i\epsilon_l(\omega)} = k_l(\omega) e^{-i\epsilon_l(\omega)} \quad (C3)$$

are the Fourier or Laplace components of the Love functions $\dot{k}_l(t-t')$. The actual dynamical Love numbers are the real parts of the complex Love numbers, $k_l(\omega) = |\bar{k}_l(\omega)|$; while the tidal lags are the complex Love numbers’ negative phases.

The frequency dependencies $\bar{k}_l(\omega)$ and, consequently, $k_l(\omega)$ and $\epsilon_l(\omega)$ can be derived from the expression for the complex compliance $\bar{J}(\chi)$ or the complex rigidity $\bar{\mu}(\chi) = 1/\bar{J}(\chi)$ of the mantle (with $\chi = \chi_{lmpq} \equiv |\omega_{lmpq}|$ being the physical forcing frequency). The dependency $\bar{J}(\chi)$ follows from the rheological model.

Evidently, the formula (C2) is a concise version of Equation (12). Thus we see that the mitigate-and-lag method ensues directly from the linearity assumption.

APPENDIX D

THE EULERIAN AND LAGRANGIAN DESCRIPTIONS. PERTURBATIVE APPROACH TO A PERIODICALLY DEFORMED BODY

D.1. Perturbative Treatment

Under perturbation, two changes will happen in a point \mathbf{r} at a time t :

1. Physical fields will now acquire different values in this point at this time.

For example, a moon fixed in a certain position relative to the planetary surface will render some distribution of its potential over the volume of the host planet. The same moon fixed in a different position will generate a different distribution of its potential. This, in its turn, will yield a different deformation of the planet and therefore a different spatial distribution of its tidal-response potential and of all other quantities.

Thus, instead of the unperturbed Eulerian dependencies $q_E^0(\mathbf{r}, t)$, we now have

$$q_E(\mathbf{r}, t) = q_E^0(\mathbf{r}, t) + q'_E(\mathbf{r}, t). \quad (D1)$$

2. A different particle will now arrive in the point \mathbf{r} at the time t . It will not be the same particle as the one expected there at the time t in the absence of perturbation.

On the other hand, a particle that starts in \mathbf{X} at $t = 0$, will appear, at the time t , not in the point $\mathbf{x} = \mathbf{f}(\mathbf{X}, t)$ but in some other place

$$\mathbf{r} = \mathbf{x} + \mathbf{u} = \mathbf{f}(\mathbf{X}, t) + \mathbf{u}(\mathbf{X}, t). \quad (D2)$$

These two changes will influence the Lagrangian dependencies on the initial conditions. The dependency of each field will obtain a variation $q'_L(\mathbf{X}, t)$:

$$q_L(\mathbf{X}, t) = q_L^0(\mathbf{X}, t) + q'_L(\mathbf{X}, t). \quad (D3)$$

In the absence of perturbation, the particle \mathbf{X} was destined to arrive in \mathbf{x} , wherefore $q_L^0(\mathbf{X}, t)$ was defined through Equation (17). Under perturbation, the same particle \mathbf{X} is expected to end up in \mathbf{r} , so the Lagrangian dependency becomes

$$q_L(\mathbf{X}, t) \equiv q_E(\mathbf{r}, t) \quad (D4a)$$

$$= q_E(\mathbf{f}(\mathbf{X}, t) + \mathbf{u}(\mathbf{X}, t), t) \quad (D4b)$$

$$= q_E(\mathbf{f}(\mathbf{X}, t), t) + \mathbf{u}(\mathbf{X}, t) \nabla_x q_E + O(\mathbf{u}^2) \quad (D4c)$$

$$= q_E^0(\mathbf{f}(\mathbf{X}, t), t) + q'_E(\mathbf{f}(\mathbf{X}, t), t) + \mathbf{u}(\mathbf{X}, t) \nabla_x q_E + O(\mathbf{u}^2). \quad (D4d)$$

Insertion of Equation (D3) into the left-hand side of Equation (D4) will give us:

$$q_L^0(\mathbf{X}, t) + q'_L(\mathbf{X}, t) = q_E^0(\mathbf{f}(\mathbf{X}, t), t) + q'_E(\mathbf{f}(\mathbf{X}, t), t) + \mathbf{u}(\mathbf{X}, t) \nabla_x q_E + O(\mathbf{u}^2).$$

Subtracting Equation (17b) from this formula, we arrive at a relation between the perturbations of the Lagrangian and Eulerian quantities:

$$q'_L(\mathbf{X}, t) = q'_E(\mathbf{f}(\mathbf{X}, t), t) + \mathbf{u}(\mathbf{X}, t) \nabla_x q_E + O(\mathbf{u}^2), \quad (D5)$$

where the first term on the right-hand side, $q'_E(\mathbf{x}, t)$, expresses the change in the final spatial distribution of the field q . The other two terms show up because perturbation changes the mapping from \mathbf{X} to the current location.

D.2. An Equivalent Description

A slightly different, although equally valid viewpoint is possible. In a reference setting at time t , an observer located in \mathbf{x} will see the arrival of a particle that started from \mathbf{X} :

$$q_L^0(\mathbf{X}, t) \equiv q_E^0(\mathbf{x}, t). \quad (\text{D6})$$

In a perturbed situation, the same observer in \mathbf{x} will register, at the time t , the arrival of a different particle, one that started from $\mathbf{X} - \mathbf{U}$:

$$q_L(\mathbf{X} - \mathbf{U}, t) \equiv q_E(\mathbf{x}, t), \quad (\text{D7a})$$

which is:

$$q_L(\mathbf{X}, t) - \mathbf{U} \nabla_{\mathbf{X}} q_L + O(U^2) = q_E(\mathbf{x}, t). \quad (\text{D7b})$$

Subtraction of Equation (D6) from Equation (D7b) gives us the variations:

$$q_L(\mathbf{X}, t) - q_L^0(\mathbf{X}, t) - \mathbf{U} \nabla_{\mathbf{X}} q_L + O(U^2) = q_E(\mathbf{x}, t) - q_E^0(\mathbf{x}, t) \quad (\text{D8a})$$

or, simply,

$$q'_L(\mathbf{X}, t) = q'_E(\mathbf{x}, t) + \mathbf{U} \nabla_{\mathbf{X}} q_L + O(U^2). \quad (\text{D8b})$$

Introducing the Jacobian $J \equiv dV^t/dV^0 = \det(\partial x_i/\partial X_j)$, we write:

$$\mathbf{U} \nabla_{\mathbf{X}} q_L = \mathbf{U} J \nabla_{\mathbf{x}} q_E = \mathbf{u} \nabla_{\mathbf{x}} q_E, \quad (\text{D9})$$

with $\mathbf{u} \equiv \mathbf{U} J$. Thus Equation (D8b) and Equation (D5) are equivalent insofar as $O(\mathbf{U}^2) = O(\mathbf{u}^2)$.

While the language of Equation (D5) is more conventional than that of Equation (D8), the latter description is easier for physical interpretation. Suppose we are observing the gradual cooling of a flow. In an unperturbed setting, a particle that started in \mathbf{X} at the time $t = 0$, will show up in \mathbf{x} at the time t . Accordingly, a measurement of the temperature in \mathbf{x} at the time t will render, in the absence of perturbation, a value to which the particle \mathbf{X} has cooled down by this time—see the equality (Equation (D6)).

Under perturbation, the rate of cooling of each particle will change. In addition, owing to the change of trajectories, a different particle will show up in \mathbf{x} at the time t . Now this will be a particle that started its movement at $t = 0$ from some point $\mathbf{X} - \mathbf{U}$. So a measurement of the temperature in the point \mathbf{x} at the time t will now give us a temperature value to which the particle $\mathbf{X} - \mathbf{U}$ has cooled down—see Equation (D7a).

The difference between the measurements performed in \mathbf{x} in the perturbed and unperturbed cases will, according to Equation (D8b), read as $q'_E(\mathbf{x}, t) = q'_L(\mathbf{X}, t) - \mathbf{U} \nabla_{\mathbf{X}} q_L + O(U^2)$. The first term on the right renders the cooling down of the particle arriving in \mathbf{x} at the time t , while the second and third terms reflect the fact that, under disturbance, we register a particle arriving from a point displaced by \mathbf{U} , compared to the particle that would be brought to \mathbf{x} by an unperturbed flow.

With aid of Equation (D9), the expression (D8b) can be equivalently rewritten as

$$D_t = \partial_t + \mathbf{v} \nabla_{\mathbf{x}}, \quad (\text{D10})$$

where $\mathbf{v} \equiv \partial \mathbf{u}/\partial t$, while $D \equiv d/dt$ is the *comoving* derivative. The physical interpretation of Equation (D10) is obvious: the

rate of cooling of a moving particle, dq/dt , can be measured by a quiescent observer. The observer, however, must amend his result, $\partial q/\partial t$, with a correction taking into account the fact that, being quiescent, he is measuring the difference between the temperature of different particles passing by, not of the same particle.

D.3. Periodically Deformed Solids. Linearization

Hereafter, we shall restrict our consideration to the case of a periodically deformed solid. It is natural to associate the reference trajectory $\mathbf{x} = \mathbf{f}(\mathbf{X}, t)$ with the equilibrium configuration. In this configuration, the particles stay idle, so \mathbf{x} coincides with the initial value \mathbf{X} :

$$\mathbf{x} = \mathbf{f}(\mathbf{X}, t), \quad \text{where } \mathbf{f}(\mathbf{X}, t) = \mathbf{X} \quad \text{for all } t, \quad (\text{D11})$$

while all properties keep in time their fiducial values:

$$q_L^0(\mathbf{X}, t) = q_E^0(\mathbf{x}, t) = q^0. \quad (\text{D12})$$

Be mindful that the superscript 0 did not originally mark a value fixed in time, but a trajectory chosen to be reference. It is only now that the role of a reference configuration is played by an equilibrium body, that the superscript 0 begins to denote an unchanging value.

For a particle originally located in \mathbf{X} , its perturbed trajectory \mathbf{r} differs from its reference trajectory \mathbf{x} by some \mathbf{u} :

$$\mathbf{r} = \mathbf{x} + \mathbf{u} = \mathbf{f}(\mathbf{X}, t) + \mathbf{u}(\mathbf{X}, t). \quad (\text{D13})$$

When the reference trajectory is the equilibrium, insertion of Equation (D11) into Equation (D13) results in

$$\mathbf{r} = \mathbf{X} + \mathbf{u}(\mathbf{X}, t), \quad (\text{D14a})$$

which can also be written as

$$\mathbf{r} = \mathbf{x} + \mathbf{u}(\mathbf{x}, t), \quad (\text{D14b})$$

because, in this case, the unperturbed trajectory \mathbf{x} always coincides with the initial value \mathbf{X} .

We work in a linearized approximation, neglecting the term $O(\mathbf{u}^2)$ in Equation (D5) and writing all expansions up to terms linear in the displacement \mathbf{u} or velocity $\mathbf{v} \equiv d\mathbf{u}/dt$.

For a short and simple explanation of the linearized Lagrangian and Eulerian descriptions of tides, see Wang (1997). A more comprehensive treatment is offered in the book by Dahlen & Tromp (1998, Section 3.1.1).

D.4. Conservation of Mass in the Lagrangian and Eulerian Descriptions

Denote the Eulerian value of the mass density with $\rho_E(\mathbf{r}, t)$. As mass cannot be destroyed or created, so its amount in a comoving volume V^t of a flow stays constant:

$$\frac{d}{dt} \int_{V^t} \rho_E dV^t = 0. \quad (\text{D15})$$

For the reference history $\mathbf{x} = \mathbf{f}(\mathbf{X}, t)$, this would imply:

$$\int_{V_{\text{ref}}^t} \rho_E^0(\mathbf{x}, t) d^4 \mathbf{x} = \int_{V^0} \rho_E^0(\mathbf{X}, 0) d^4 \mathbf{X}. \quad (\text{D16a})$$

For a perturbed history $\mathbf{r} = \mathbf{f}(\mathbf{X}, t) + \mathbf{u}(\mathbf{X}, t)$, we have:

$$\int_{V_{\text{pert}}^t} \rho_E(\mathbf{r}, t) d^4\mathbf{r} = \int_{V^0} \rho_E(\mathbf{X}, 0) d^4\mathbf{X}. \quad (\text{D16b})$$

For each individual particle, its perturbed trajectory \mathbf{r} stems from the same initial position \mathbf{X} as the appropriate reference trajectory \mathbf{x} , so the initial densities are the same:

$$\rho_E(\mathbf{X}, 0) = \rho_E^0(\mathbf{X}, 0). \quad (\text{D17})$$

At later times, however, $\rho_E(\mathbf{r}, t)$ and $\rho_E^0(\mathbf{x}, t)$ have different functional forms.

D.4.1. The Continuity Law in the Eulerian Description

The right-hand sides of the formulae (D16a) and (D16b) coincide, as they render the mass of the same initial distribution $\rho_E(\mathbf{X}, 0) = \rho_E^0(\mathbf{X}, 0)$. Thus the left-hand sides of the two formulae also coincide:

$$0 = \int_{V_{\text{pert}}^t} \rho_E(\mathbf{r}, t) d^4\mathbf{r} - \int_{V_{\text{ref}}^t} \rho_E^0(\mathbf{x}, t) d^4\mathbf{x}, \quad (\text{D18})$$

as the mass stays unchanged, no matter whether the system follows the reference history or a perturbed one. Now switch from the perturbed coordinates, \mathbf{r} , to the reference ones, \mathbf{x} :

$$0 = \int d^4\mathbf{x} [J \rho_E(\mathbf{r}, t) - \rho_E^0(\mathbf{x}, t)] \quad (\text{D19a})$$

$$= \int d^4\mathbf{x} [(1 + \nabla_{\mathbf{x}} \cdot \mathbf{u}) \rho_E(\mathbf{r}, t) - \rho_E^0(\mathbf{x}, t)], \quad (\text{D19b})$$

where the Jacobian is:

$$\begin{aligned} J &\equiv \frac{dV_{\text{pert}}^t}{dV_{\text{ref}}^t} = \det \frac{\partial r_i}{\partial x_j} = 1 + \nabla_{\mathbf{x}} \cdot \mathbf{u} + O(\mathbf{u}^2) \\ &= 1 + J \nabla_{\mathbf{r}} \cdot \mathbf{u} + O(\mathbf{u}^2). \end{aligned} \quad (\text{D20a})$$

From this, we see that the Jacobian can also be written as²³

$$J = \frac{1 + O(\mathbf{u}^2)}{1 - \nabla_{\mathbf{r}} \cdot \mathbf{u}} = 1 + \nabla_{\mathbf{r}} \cdot \mathbf{u} + O(\mathbf{u}^2). \quad (\text{D20b})$$

From Equation (D19a), we obtain the exact equality

$$\rho_E(\mathbf{r}, t) J = \rho_E^0(\mathbf{x}, t), \quad (\text{D21})$$

a linearized version thereof being

$$0 = \rho_E(\mathbf{r}, t)(1 + \nabla_{\mathbf{r}} \cdot \mathbf{u}) - \rho_E^0(\mathbf{r} - \mathbf{u}, t) + O(\mathbf{u}^2) \quad (\text{D22a})$$

$$= \rho_E(\mathbf{r}, t) - \rho_E^0(\mathbf{r}, t) + \rho_E(\mathbf{r}, t) \nabla_{\mathbf{r}} \cdot \mathbf{u} + \mathbf{u} \nabla_{\mathbf{r}} \rho_E^0(\mathbf{r}, t) + O(\mathbf{u}^2). \quad (\text{D22b})$$

For a small t , the deviation \mathbf{u} between the two trajectories is linear in time, and so is the difference between the perturbed and reference density functions. Thus, we may change $\rho_E(\mathbf{r}, t) \nabla_{\mathbf{r}} \cdot \mathbf{u}$

to $\rho_E^0(\mathbf{r}, t) \nabla_{\mathbf{r}} \cdot \mathbf{u}$, to obtain an expression correct to first order in \mathbf{u} :

$$\rho_E' + \nabla_{\mathbf{r}} \cdot (\rho_E^0 \mathbf{u}) = 0, \quad (\text{D23})$$

where the finite variation is

$$\rho_E'(\mathbf{r}, t) \equiv \rho_E(\mathbf{r}, t) - \rho_E^0(\mathbf{r}, t). \quad (\text{D24})$$

We would reiterate that the perturbative approach to Eulerian quantities implies a comparison between their present spatial distributions. So the two histories are compared in the same point \mathbf{r} and at the same time t .

In Equation (D22b), we could also have changed $\mathbf{u} \nabla_{\mathbf{r}} \rho_E^0(\mathbf{r}, t)$ to $\mathbf{u} \nabla_{\mathbf{r}} \rho_E(\mathbf{r}, t)$. Then, instead of Equation (D23), we would have obtained $\rho_E' + \nabla_{\mathbf{r}} \cdot (\rho_E \mathbf{u}) = 0$, without the superscript 0 in the second term. In the linear approximation, however, this would be no better than Equation (D23). Traditionally, the form (D23) is preferred in the literature.

However, when switching to a differential form of the conservation law, we no longer need to keep the superscript 0, because the difference between $\rho_E(\mathbf{r}, t)$ and $\rho_E^0(\mathbf{r}, t)$ becomes infinitesimally small. So the differential law reads as:

$$\frac{\partial \rho_E}{\partial t} + \nabla_{\mathbf{r}} \cdot (\rho_E \mathbf{v}) = 0, \quad (\text{D25})$$

where $\mathbf{v} \equiv \partial \mathbf{u} / \partial t$, the partial derivative giving the rate of change with coordinates fixed.

Employment of the perturbative formula (D23) near a deformable free boundary requires some care. On the one hand, the reference density $\rho_E^0(\mathbf{r})$ makes an abrupt step there. On the other hand, due to deformation of the boundary, we may get a finite present density in a point where the reference density used to be zero, and vice versa.

D.4.2. The Continuity Law in the Lagrangian Description

The Lagrangian density is introduced in the standard way (Equation (D4a)):

$$\rho_L(\mathbf{X}, t) \equiv \rho_E(\mathbf{r}, t), \quad (\text{D26})$$

so the formula (D21) becomes:

$$\rho_L(\mathbf{X}, t) J = \rho_E^0(\mathbf{x}, t). \quad (\text{D27a})$$

For a periodically deformed solid, the reference density $\rho_E^0(\mathbf{x}, t)$ is the density of the undeformed, stable configuration. So $\rho_E^0(\mathbf{x}, t) = \rho_E^0(\mathbf{X}, 0) = \rho^0(\mathbf{X})$ is time-independent, and the equality (Equation (D27a)) becomes simply

$$\rho_L(\mathbf{X}, t) J = \rho^0(\mathbf{X}). \quad (\text{D27b})$$

In accordance with the general formula (D5), we interrelate the density variations as

$$\rho_L'(\mathbf{X}, t) = \rho_E'(\mathbf{x}, t) + \mathbf{u} \nabla_{\mathbf{x}} \rho_E^0(\mathbf{x}, t). \quad (\text{D28a})$$

In the considered case of small periodic variations, the reference trajectory is simply $\mathbf{x} = \mathbf{X}$ at all times; so on the right-hand side of the above formula we have a gradient of a constant-in-time stationary distribution: $\nabla_{\mathbf{x}} \rho^0(\mathbf{x}, t) = \nabla_{\mathbf{X}} \rho^0(\mathbf{X})$. Thence we obtain:

$$\rho_L'(\mathbf{X}, t) = \rho_E'(\mathbf{X}, t) + \mathbf{u} \nabla_{\mathbf{X}} \rho^0(\mathbf{X}). \quad (\text{D28b})$$

²³ The expression (D20b) indicates that, within a linear approximation, we do not need to distinguish between $\nabla_{\mathbf{r}}$ and $\nabla_{\mathbf{x}} = J \nabla_{\mathbf{r}} = \nabla_{\mathbf{r}} + (\nabla_{\mathbf{r}} \cdot \mathbf{u}) \nabla_{\mathbf{r}} + O(\mathbf{u}^2)$, when the operators are applied to a quantity that, by itself, is of the first order of smallness.

Combining this formula with Equation (D23), we arrive at²⁴

$$\rho_L' + \rho_E^0 \nabla_X \cdot \mathbf{u} = 0, \quad (\text{D29})$$

where $\rho_L' = \rho_L'(X, t)$, while $\rho_E^0 = \rho_E^0(X)$.

D.5. The Poisson Equation

D.5.1. In the Eulerian Description

Perturbed or not, the density always obeys the Poisson equation, while the perturbing potential W obeys the Laplace equation outside the perturber:

$$\nabla_r^2 V_E = -4\pi G \rho_E, \quad (\text{D30a})$$

$$\nabla_r^2 V_E^0 = -4\pi G \rho_E^0, \quad (\text{D30b})$$

$$\nabla_r^2 W_E = 0. \quad (\text{D30c})$$

Subtraction of Equation (D30b) from Equation (D30a) results in a Poisson equation for the density perturbation:

$$\nabla_r^2 V_E' = -4\pi G \rho_E' \quad (\text{D31})$$

or, equivalently:

$$\nabla_r^2 U_E = -4\pi G \rho_E', \quad (\text{D32})$$

where we took into account the relations (31) and (D30c).

D.5.2. In the Lagrangian Description

Insertion of the formulae (27) and (32) into the Eulerian version of the Poisson equation, Equation (D31), results in the Lagrangian version of this equation:

$$\nabla_x^2 (V_L' - \mathbf{u} \cdot \nabla_x V^0) = -4\pi G (\rho_L' - \mathbf{u} \cdot \nabla_x \rho^0). \quad (\text{D33a})$$

A switch to differentiation over the initial position, ∇_x , would entail corrections of the order of $O(\mathbf{u}^2)$. In neglect of those, the equation may be written as

$$\nabla_x^2 (V_L' - \mathbf{u} \cdot \nabla_x V^0) = -4\pi G (\rho_L' - \mathbf{u} \cdot \nabla_x \rho^0). \quad (\text{D33b})$$

For an initially homogeneous body, the above formulae simplify to:

$$\nabla_x^2 (V_L' - \mathbf{u} \cdot \nabla_x V^0) = -4\pi G \rho_L' \quad (\text{D34a})$$

and

$$\nabla_x^2 (V_L' - \mathbf{u} \cdot \nabla_x V^0) = -4\pi G \rho_L'. \quad (\text{D34b})$$

²⁴ When combining Equation (D28b) with Equation (D23), we should not be confused by the fact that in Equation (D28b) all quantities are functions of X , while in Equations (D23) and (D24) these quantities show up as functions of r . Nor should we be confused by ∇ denoting ∇_r in Equation (D23) and ∇_X in Equation (D28b). As our intention is simply to compare the functions, we can easily change the notations in Equations (D23) and (D24) from r to X , whereafter Equation (D29) will come out trivially.

APPENDIX E

BOUNDARY CONDITIONS

The boundary condition on the total Eulerian potential V_{Euler} is trivial. To avoid infinite forces, the potential must be continuous:

$$V_E^{(\text{exterior})} = V_E^{(\text{interior})}. \quad (\text{E1})$$

The boundary condition on the potential's gradient emerges as a corollary of the Gauss theorem and therefore mimics a similar condition from electrostatics.²⁵ Let a small area $s = s \hat{\mathbf{n}}$ of the free surface be sandwiched between the top and bottom of a cylinder of an infinitesimal height $u = \mathbf{u} \cdot s/s$, with the vector \mathbf{u} being the tidal displacement. The top and bottom should each have the principal curvature radii coinciding with those of the free surface, but in the leading order this can be ignored, with the enclosed volume thus being $u s = \mathbf{u} \cdot s$. In neglect of the contributions from the infinitesimally small side areas of the cylinder, employment of the Gauss theorem for the Eulerian potential gives:

$$\begin{aligned} -4\pi G \rho^0 \mathbf{u} \cdot s &= \int_s \nabla_x V_E \cdot ds \\ &= \nabla_x V_E^{(\text{exterior})} \cdot s - \nabla_x V_E^{(\text{interior})} \cdot s. \end{aligned} \quad (\text{E2})$$

Over a surface between layers, the condition will read as

$$\begin{aligned} (4\pi G \rho^0 \mathbf{u} \cdot s)^{(\text{exterior})} - (4\pi G \rho^0 \mathbf{u} \cdot s)^{(\text{interior})} \\ = \nabla_x V_E^{(\text{exterior})} \cdot s - \nabla_x V_E^{(\text{interior})} \cdot s \end{aligned} \quad (\text{E3})$$

or, equivalently,

$$\begin{aligned} \left[-4\pi G \rho^0 \mathbf{u} + \frac{\partial}{\partial \hat{\mathbf{n}}} V_E \right]^{(\text{exterior})} \\ = \left[-4\pi G \rho^0 \mathbf{u} + \frac{\partial}{\partial \hat{\mathbf{n}}} V_E \right]^{(\text{interior})}. \end{aligned} \quad (\text{E4})$$

In application to tides, it can be interpreted like this: the discontinuity in attraction is equal to the attraction of the deformation bulge (Legros et al. 2006). Since V_0 , W and their normal gradients are continuous on the boundary, the conditions on U and V' look exactly like Equations (E1)–(E4). Specifically, in Section 5.1 we need the conditions on the total variation V' :

$$V_E'^{(\text{exterior})} = V_E'^{(\text{interior})} \quad (\text{E5})$$

$$\begin{aligned} \left[-4\pi G \rho^0 \mathbf{u} + \frac{\partial}{\partial \hat{\mathbf{n}}} V_E' \right]^{(\text{exterior})} \\ = \left[-4\pi G \rho^0 \mathbf{u} + \frac{\partial}{\partial \hat{\mathbf{n}}} V_E' \right]^{(\text{interior})}. \end{aligned} \quad (\text{E6})$$

The Eulerian and Lagrangian potentials are interrelated through

$$V_E' = V_L' - \mathbf{u} \cdot \nabla_x V^0. \quad (\text{E7})$$

²⁵ Melchior (1972) attributes the derivation of the boundary condition to Michel Chasles.

Thence, in the Lagrangian description, the conditions will acquire the form of

$$[V_L' - \mathbf{u} \cdot \nabla_x V^0]^{(\text{exterior})} = [V_L' - \mathbf{u} \cdot \nabla_x V^0]^{(\text{interior})} \quad (\text{E8})$$

and

$$\left[\frac{\partial}{\partial \hat{\mathbf{n}}} (V_L' - \mathbf{u} \cdot \nabla_x V^0) - 4\pi G \rho^0 \mathbf{u} \right]^{(\text{exterior})} = \left[\frac{\partial}{\partial \hat{\mathbf{n}}} (V_L' - \mathbf{u} \cdot \nabla_x V^0) - 4\pi G \rho^0 \mathbf{u} \right]^{(\text{interior})}. \quad (\text{E9})$$

When the boundary is welded or its normal is parallel to $\nabla_x V^0$, the term $-\mathbf{u} \cdot \nabla_x V^0$ becomes continuous (Wang 1997). It, thus, can be removed from Equation (E8), rendering the incremental Lagrangian potential continuous. This term, however, cannot be omitted in Equation (E9).

APPENDIX F

HEAT PRODUCTION AT DIFFERENT TIDAL MODES. A SKETCHY DERIVATION OF THE FORMULA (65), IN NEGLECT OF THE “DEGENERACY”

To compute the dissipation rate at separate tidal modes, it is necessary to insert the expansions (2) and (12) into the formula (61b) for the heating rate. This will render a comprehensive version of the somewhat symbolic sum (Equation (63)) and will enable us to understand what the modified sum \sum'' actually means. A full calculation is presented in Appendix H to the extended version of our paper (Efroimsky & Makarov 2014). Here we present a simplified sketch of that derivation.

Recall that several different Fourier modes ω_{lmpq} can share the same value ω . Borrowing a term from quantum mechanics, we call this the *degeneracy of modes*. As a prelusory exercise, we calculate dissipation at different modes, neglecting the degeneracy. In other words, suppose that all Fourier modes $\omega \equiv \omega_{lmpq}$ have different values. Under this simplifying assumption, the expression under the integral in Equation (61b) becomes:

$$\begin{aligned} & \sum_{l=2}^{\infty} (2l+1) \langle W_l(t) \dot{U}_l(t) \rangle \\ &= \sum_{\omega, \omega'} (2l+1) \langle W_l(\omega') \cos[\omega' t + \varphi_{W_l}(\omega')] (-\omega) U_l(\omega) \rangle \\ & \quad \times \sin[\omega t + \varphi_{U_l}(\omega)] \\ &= - \sum_{\omega, \omega'} (2l+1) \frac{\omega}{2} W_l(\omega') U_l(\omega) \langle \sin[(\omega - \omega')t \\ & \quad + \varphi_{U_l}(\omega) - \varphi_{W_l}(\omega')] + \sin[(\omega + \omega')t \\ & \quad + \varphi_{U_l}(\omega) + \varphi_{W_l}(\omega')] \rangle, \end{aligned} \quad (\text{F1a})$$

where $\langle \cdots \rangle$ denotes time averaging. Of the two sine functions on the right-hand side, we would have kept only the first, had the Fourier tidal modes been positive-definite. In the tidal theory, however, the Fourier modes $\omega = \omega_{lmpq}$ can assume either sign, so both sine functions must be taken into account:

$$\begin{aligned} & \sum_{l=2}^{\infty} (2l+1) \langle W_l(t) \dot{U}_l(t) \rangle \\ &= - \sum_{\omega} (2l+1) \frac{\omega}{2} \{ W_l(\omega) U_l(\omega) \sin[\varphi_{U_l}(\omega) - \varphi_{W_l}(\omega)] \\ & \quad + W_l(-\omega) U_l(\omega) \sin[\varphi_{U_l}(\omega) + \varphi_{W_l}(-\omega)] \} \end{aligned} \quad (\text{F1b})$$

$$\begin{aligned} &= \sum_{\omega} (2l+1) \frac{\omega}{2} W_l^2(\omega) k_l(\omega) \sin \epsilon_l(\omega) + \sum_{\omega} (2l+1) \frac{\omega}{2} \\ & \quad \times W_l(\omega) W_l(-\omega) k_l(\omega) \sin \epsilon_l'(\omega), \end{aligned} \quad (\text{F1c})$$

where we recalled that the dynamical Love number is an even function of the Fourier mode.

On the right-hand side of Equation (F1c), the first sum is an expected input coinciding with the expression obtained by other authors—see, for example, the first line of formula (10) in Platzman (1984).²⁶ This input is proportional to $k_l(\omega) \sin \epsilon_l(\omega)$, where

$$\epsilon_l(\omega) \equiv \varphi_{W_l}(\omega) - \varphi_{U_l}(\omega) \quad (\text{F2})$$

is the tidal phase lag at the frequency $\omega = \omega_{lmpq}$.

The second sum in Equation (F1c) comes into being due to the fact that the Fourier modes are not positive-definite. This input contains a factor of $k_l(\omega) \sin \epsilon_l'(\omega)$, where the angle $\epsilon_l'(\omega)$ is, generally, different from the phase lag (Equation (F2)) appropriate to the mode $\omega = \omega_{lmpq}$. Indeed,

$$\begin{aligned} \epsilon_l'(\omega) &\equiv - [\varphi_{U_l}(\omega) + \varphi_{W_l}(-\omega)] = \varphi_{W_l}(\omega) \\ & \quad - \varphi_{U_l}(\omega) - \varphi_{W_l}(\omega) - \varphi_{W_l}(-\omega) \\ &= \epsilon_l(\omega) - [\varphi_{W_l}(\omega) + \varphi_{W_l}(-\omega)]. \end{aligned} \quad (\text{F3})$$

At first glance, this result is most unphysical. Usually, to calculate dissipation rate, we have to sum, over physical frequencies or over Fourier modes, terms proportional to the sines of phase lags at those modes. The addition of a finite phase to those lags looks bizarre. However, an accurate calculation carried out in Efroimsky & Makarov (2014, Appendix H) shows that the phase consists of two parts. One is equal to $[(-1)^l - 1]\pi/2$, so its presence renders an overall factor of $(-1)^l$. The other part of the phase is $(m' + m)\lambda$, so after integration over the surface, it results in a $\delta(m' + m)$ factor,²⁷ where m is the second index of $\omega_{lmpq} = \omega$, while m' is the second index of $\omega_{lm'p'q'} = -\omega$:

$$\begin{aligned} \langle P \rangle &= \frac{1}{4\pi G R} \sum_{l=2}^{\infty} (2l+1) \int dS \langle W(t) \dot{U}(t) \rangle \\ &= \frac{1}{4\pi G R} \sum_{\omega} (2l+1) \frac{\omega}{2} \int dS W_l(\omega) [W_l(\omega) \\ & \quad + (-1)^l \delta(m' + m) W_l(-\omega)] k_l(\omega) \sin \epsilon_l(\omega). \end{aligned} \quad (\text{F4})$$

The indices m and m' being nonnegative (see Equation (2)), the emergence of $\delta(m' + m)$ indicates that the summation in the second part must be reduced to $m = m' = 0$:

$$\begin{aligned} \langle P \rangle &= \frac{1}{4\pi G R} \int dS \left[\sum_{\omega=\omega_{lmpq}} \frac{\omega}{2} (2l+1) k_l(\omega) \sin \epsilon_l(\omega) W_l^2(\omega) \right. \\ & \quad \left. + \sum_{\omega=\omega_{l0pq}} \frac{\omega}{2} (2l+1) k_l(\omega) \sin \epsilon_l(\omega) (-1)^l W_l(\omega) W_l(-\omega) \right]. \end{aligned} \quad (\text{F5})$$

²⁶ The second line in Platzman's formula renders oceanic and atmospheric inputs.

²⁷ The finite phase assumes the value of $[(-1)^l - 1]\pi/2 + (m' + m)\lambda$, with the integer m' being the order of $\omega' = \omega_{lm'p'q'}$, and m being that of $\omega = \omega_{lmpq}$. The presence of $[(-1)^l - 1]\pi/2$ in the phase is equivalent to multiplying the sum by $(-1)^l$. So, for even l , this part of the phase can be ignored. The presence of the term $(m' + m)\lambda$ in the phase tells us that, after integration over the surface, only the terms with $m' = m = 0$ stay. Thus, after integration, we are effectively left with $\epsilon_l'(\omega) = (-1)^l \epsilon_l(\omega) \delta(m' + m)$.

We then see what the superscript \sharp introduced in Equations (63) and (64) actually implies:

$$\sum_{\omega}^{\sharp} \dots W_l^2(\omega) \equiv \sum_{\omega=\omega_{lmpq}} \dots W_l^2(\omega) + \sum_{\omega=\omega_{l0pq}} \dots (-1)^l W_l(\omega) W_l(-\omega), \quad (\text{F6})$$

where the first sum on the right-hand side is complete (i.e., goes over all modes), while the second sum is only over the modes with a vanishing second index.

Now, what is $W_l(\omega)$? Naïvely, $W_l(\omega) \equiv W_l(\omega_{lmpq})$ should be the real magnitude of the term W_{lmpq} of Kaula's series (2). In reality, we have degeneracy of modes, so in each of the two Fourier series (for W and for U) we first must group together the terms corresponding to each actual value of mode, and only afterward should we multiply the series by one another and perform time averaging. This calculation is presented in Efroimsky & Makarov (2014, Appendix H). In the case where the apsidal precession is uniform, the answer is:

$$\begin{aligned} \langle P \rangle &= \frac{G M^*{}^2}{a} \sum_{l=2}^{\infty} \left(\frac{R}{a} \right)^{2l+1} \sum_{m=0}^l \sum_{p=0}^l F_{lmp}^2(i) \\ &\times \sum_{q=-\infty}^{\infty} G_{lpq}^2(e) \frac{(l-m)!}{(l+m)!} (2 - \delta_{0m}) \omega_{lmpq} k_l(\omega_{lmpq}) \\ &\times \sin \epsilon_l(\omega_{lmpq}). \end{aligned} \quad (\text{F7})$$

APPENDIX G

INTERRELATION BETWEEN DYNAMICAL LOVE NUMBERS, FOR AN INCOMPRESSIBLE HOMOGENEOUS SPHERE

For an incompressible homogeneous spherical body, the *static* Love numbers read as

$$k_l = \frac{3}{2(l-1)} \frac{1}{1 + \mathcal{A}_l} \quad \text{and} \quad h_l = \frac{2l+1}{2(l-1)} \frac{1}{1 + \mathcal{A}_l}, \quad (\text{G1})$$

where

$$\begin{aligned} \mathcal{A}_l &\equiv \frac{(2l^2 + 4l + 3)\mu}{l g \rho R} = \frac{3(2l^2 + 4l + 3)\mu}{4l\pi G \rho^2 R^2} \\ &= \frac{3(2l^2 + 4l + 3)}{4l\pi G \rho^2 R^2 J}. \end{aligned} \quad (\text{G2})$$

μ and $J = 1/\mu$ being the relaxed rigidity and compliance, and G being Newton's gravity constant. The formulae (G1) yield a well-known relation connecting the static Love numbers:

$$(2l+1)k_l = 3h_l. \quad (\text{G3})$$

Expressions (G1) are obtained by solving a system comprising the static version of the Second Law of Newton and the constitutive equation interconnecting the stress and strain through the rigidity μ . A wonderful theorem, called *the correspondence principle* or *the elastic-viscoelastic analogy*, tells us that in many situations the dynamical versions of the Second Law of Newton and constitutive equation, when written in the frequency domain as algebraic equations for operational moduli, mimic the static versions of these equations. In order for this correspondence to take place, the accelerations and inertial forces should be negligibly small (see, e.g., Appendix B to Efroimsky 2012a). In

that case, the complex Love numbers $\bar{k}_l(\omega)$ and $\bar{h}_l(\omega)$ will be expressed through the complex operational moduli $\bar{\mu}$ or \bar{J} in the same algebraic manner as the static k_l and h_l are expressed via the static μ or J . Also recall that the static expressions (G1) were derived under an extra assumption of incompressibility. If this assumption is also valid in the dynamical case, then the complex $\bar{k}_l(\omega)$ and $\bar{h}_l(\omega)$ are expressed through the complex $\bar{\mu}$ or \bar{J} by formulae mimicking Equation (G1), whence an expression like Equation (G3) ensues for $\bar{k}_l(\omega)$ and $\bar{h}_l(\omega)$. Its imaginary part will read as:

$$(2l+1)k_l(\omega) \sin \epsilon(\omega) = 3h_l(\omega) \sin \epsilon(\omega), \quad (\text{G4})$$

where $k_l(\omega) \equiv |\bar{k}_l(\omega)|$, $h_l(\omega) \equiv |\bar{h}_l(\omega)|$ and $\omega = \omega_{lmpq}$.

To draw to a close, we would emphasize that in the static expression (G2) the letters μ and $J \equiv 1/\mu$ stand for the static (relaxed) values of the rigidity and compliance. In a dynamical analogue of this expression, the same letters denote the unrelaxed values.

APPENDIX H

COMPARISON OF OUR RESULT WITH THAT OF PEALE & CASSEN (1978)

It would be instructive to compare our formula (F7) with the classical result by Peale & Cassen (1978). To this end, three items must be kept in mind.

1. Peale & Cassen tacitly assumed that averaging should be carried out not only over the tidal period but also over the apsidal period—this can be understood from how their formulae (21) transformed into Equation (22). This is why their resulting formula (31) is appropriate to compare with our expression (F7).
2. As the derivation in Peale & Cassen was intended for the incompressible case and for $l = 2$ solely, we should use, for the purpose of comparison, the equality $k_2(\omega_{2mpq}) = 3h_2(\omega_{2mpq})/5$ derived in Appendix G.
3. In Peale & Cassen, only the case of synchronous rotation was addressed, with $\omega_{2mpq} = (2-2p)\dot{\omega} + (2-2p+q)n + m(\dot{\Omega} - \dot{\theta}) \approx (2-2p+q-m)n$, where n is the apparent mean motion of the perturber. Librations were ignored.

Taking all this into account, we write, for the purpose of comparison, an appropriately simplified version of our expression (F7):

$$\begin{aligned} (\text{synchronous}) \langle P \rangle_{l=2}^{(\text{incompress})} &= \frac{G M^*{}^2}{a} \left(\frac{R}{a} \right)^{2l+1} \sum_{m=0}^2 \sum_{p=0}^2 F_{2mp}^2(i) \\ &\times \sum_{q=-\infty}^{\infty} G_{2pq}^2(e) \frac{(2-m)!}{(2+m)!} (2 - \delta_{0m}) \omega_{2mpq} \frac{3}{5} h_2(\omega_{2mpq}) \\ &\times \sin \epsilon_2(\omega_{2mpq}). \end{aligned} \quad (\text{H1})$$

As the time lag in our formula (13a) is always positive-definite, the sign of the phase lag $\epsilon_l(\omega_{lmpq})$ coincides with that of the tidal mode ω_{lmpq} , wherefore the product $\omega_{lmpq} \sin \epsilon_l(\omega_{lmpq})$ can always be written down as a product of absolute values:

$$\omega_{lmpq} \sin \epsilon_l(\omega_{lmpq}) = |\omega_{lmpq}| \cdot |\sin \epsilon_l(\omega_{lmpq})| = \frac{\chi_{lmpq}}{Q_{lmpq}}, \quad (\text{H2})$$

where $1/Q_{lmpq} \equiv |\sin \epsilon_l(\omega_{lmpq})|$ is the inverse quality factor, and $\chi_{lmpq} \equiv |\omega_{lmpq}|$ is the positive-definite physical forcing frequency. For synchronous spin and $l = 2$, the forcing

frequency is $\chi_{2mpq} \approx |2 - 2p + q - m|n$, whence the quadrupole input into the power is:

$$\begin{aligned} \text{(synchronous)} \langle P \rangle_{l=2}^{\text{(incompress)}} &= \frac{G M^*{}^2}{a} \left(\frac{R}{a} \right)^{2l+1} \sum_{m=0}^2 \\ &\times \sum_{p=0}^2 F_{2mp}^2(i) \sum_{q=-\infty}^{\infty} G_{2pq}^2(e) \frac{(2-m)!}{(2+m)!} (2 - \delta_{0m}) \\ &\times \frac{3}{5} h_2 \frac{|2 - 2p + q - m|}{Q_{2mpq}} n, \end{aligned} \quad (\text{H3})$$

with an absolute value in the numerator.

Peale & Cassen (1978) had in their formula (31) simply $(2 - 2p + q - m)$ instead of $|2 - 2p + q - m|$. As a result, their expression for dissipation rate contained negative inputs from some Fourier modes (i.e., for some sets of $m p q$). Being of the order of e^4 , such inputs lead to an underestimation of the heat production rate in situations where the eccentricity is high. The presence of such inputs in formula (31) from Peale & Cassen was pointed out by Makarov (2013), who explored tidal heat production in the Moon in the cause of its orbital evolution. Presumably, the Moon was formed much closer to the Earth than it is today, and could be captured into a three-body resonance with the Sun, driving the orbital eccentricity to high values for a limited timespan (Touma & Wisdom 1994).

REFERENCES

- Abramowitz, M., & Stegun, I. A. (ed.) 1972, *Handbook of Mathematical Functions* (Gaithersburg, MD: The National Bureau of Standards)
- Arfken, G. B., & Weber, H. J. 1995, *Mathematical Methods for Physicists* (Boston: Academic Press)
- Bills, B. G., Neumann, G. A., Smith, D. E., & Zuber, M. T. 2005, *JGR*, **110**, 2376
- Brouwer, D., & Clemence, G. M. 1961, *Methods of Celestial Mechanics* (New York: Academic Press)
- Churkin, V. A. 1998, *The Love Numbers for the Models of Inelastic Earth* (St.Petersburg, Russia: Institute of Applied Astronomy)
- Dahlen, F. A., & Tromp, J. 1998, *Theoretical Global Seismology* (Princeton: Princeton Univ. Press)
- Darwin, G. H. 1879, *RSPT*, **170**, 447
- Efroimsky, M. 2012a, *CeMDA*, **112**, 283
- Efroimsky, M. 2012b, *ApJ*, **746**, 150
- Efroimsky, M., & Makarov, V. V. 2013, *ApJ*, **764**, 26
- Efroimsky, M., & Makarov, V. V. 2014, *Tidal Dissipation in a Homogeneous Spherical Body. I. Methods*, arXiv:1406.2376
- Ferrers, N. M. 1877, *An Elementary Treatise on Spherical Harmonics and Subjects Connected with Them* (London: Macmillan & Co)
- Kaula, W. M. 1961, *Geophys. J. R. Astron. Soc.*, **5**, 104
- Kaula, W. M. 1964, *RvGeo*, **2**, 661
- Kaula, W. M. 1966, *Theory of Satellite Geodesy* (Waltham, MA: Blaisdell)
- Kaula, W. M. 1968, *An Introduction to Planetary Physics* (NY: John Wiley and Sons)
- Legros, H., Greff, M., & Tokieda, T. 2006, in *Lecture Notes in Physics*, Vol. 682, *Dynamics of Extended Celestial Bodies and Rings*, ed. J. Souchay, (Heidelberg: Springer), 23
- MacDonald, G. J. F. 1964, *RvGeo*, **2**, 467
- Makarov, V. V. 2013, *MNRAS*, **434**, L21
- Makarov, V. V., & Efroimsky, M. 2014, *ApJ*, **795**, 7 (Paper II)
- Melchior, P. 1972, *Physique et dynamique Planétaires Volume 3: Géodynamique* (Brussels: Vander)
- Peale, S. J., & Cassen, P. 1978, *Icar*, **36**, 245
- Platzman, G. W. 1984, *RvGSP*, **22**, 73
- Segatz, M., Spohn, T., Ross, M. N., & Schubert, G. 1988, *Icar*, **75**, 187
- Taylor, P. A., & Margot, J.-L. 2010, *CeMDA*, **108**, 315
- Touma, J., & Wisdom, J. 1994, *AJ*, **108**, 1943
- Vallado, D. A. 2007, *Fundamentals of Astrodynamics and Applications* (3rd ed.; Hawthorne, CA: Microcosm Press and New York: Springer)
- Wang, R. 1997, in *Tidal Phenomena*, ed. H. Wilhelm, W. Zürn, & H.-G. Wenzel (Berlin: Springer), 183
- Winch, D. E., Ivers, D. J., Turner, J. P. R., & Stening, R. J. 2005, *GeoJI*, **160**, 487
- Zschau, J. 1978, in *Proc. Workshop, Tidal Friction and the Earth's Rotation*, ed. P. Brosche & J. Sündermann (Berlin: Springer), 62